



New light on the mind's eye

Using the pupil light response to study visual cognition

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cognitivescience



@smathot



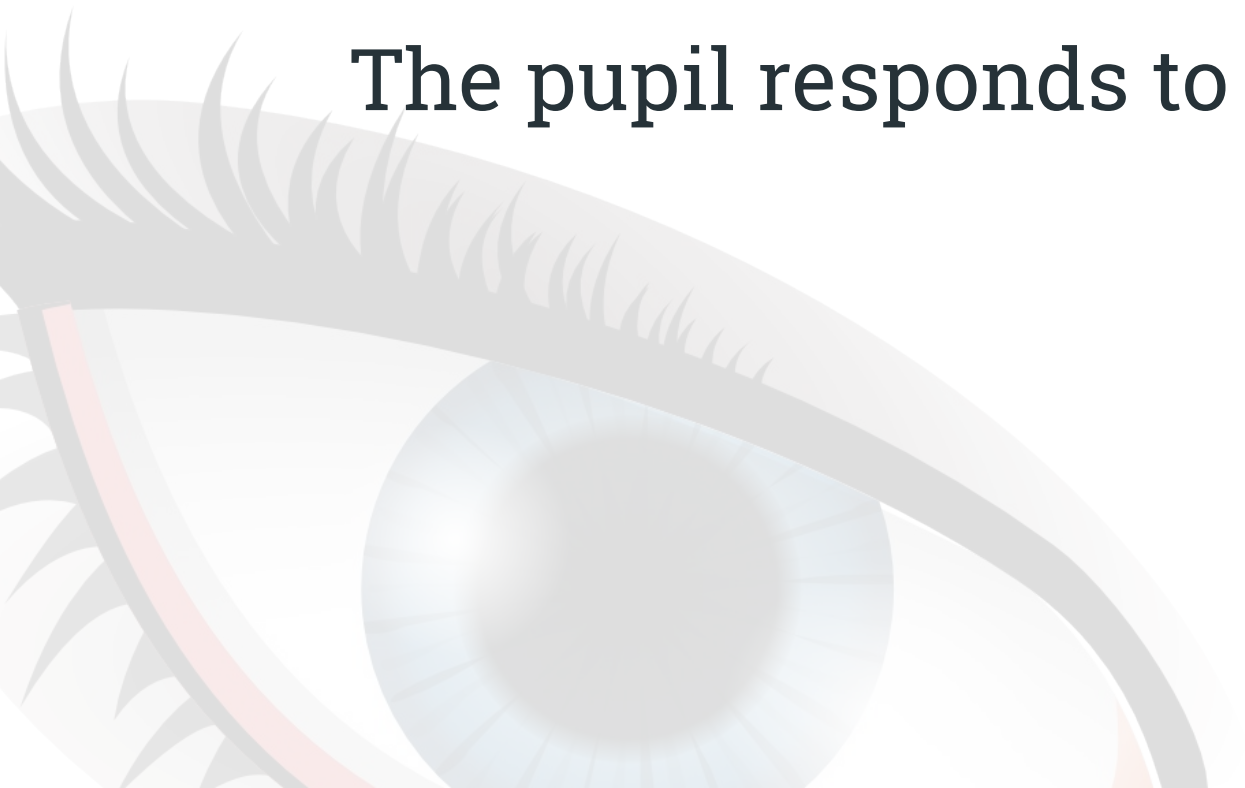
@cogscinl



sebastiaanmathot

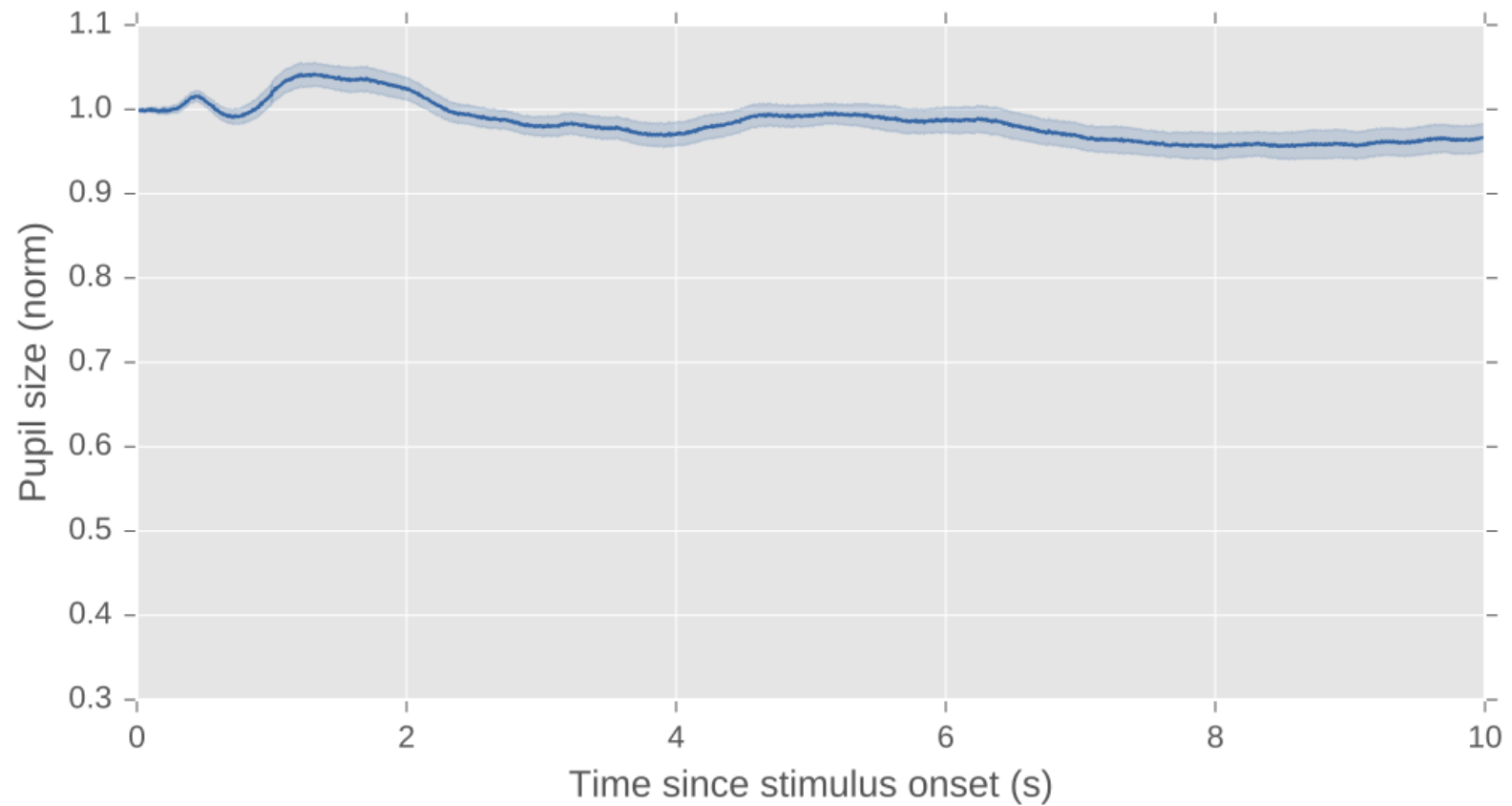


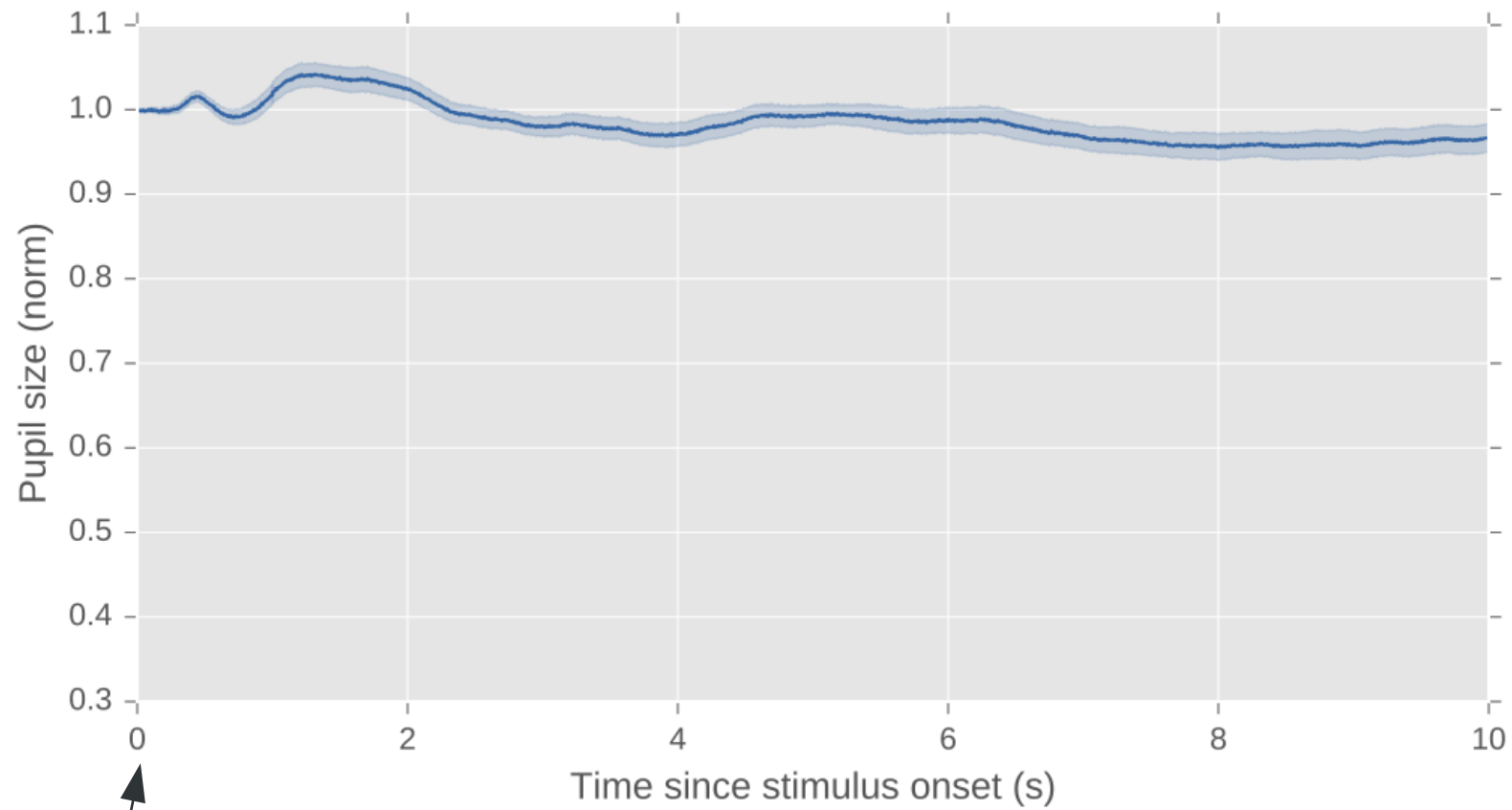
The pupil responds to three things.



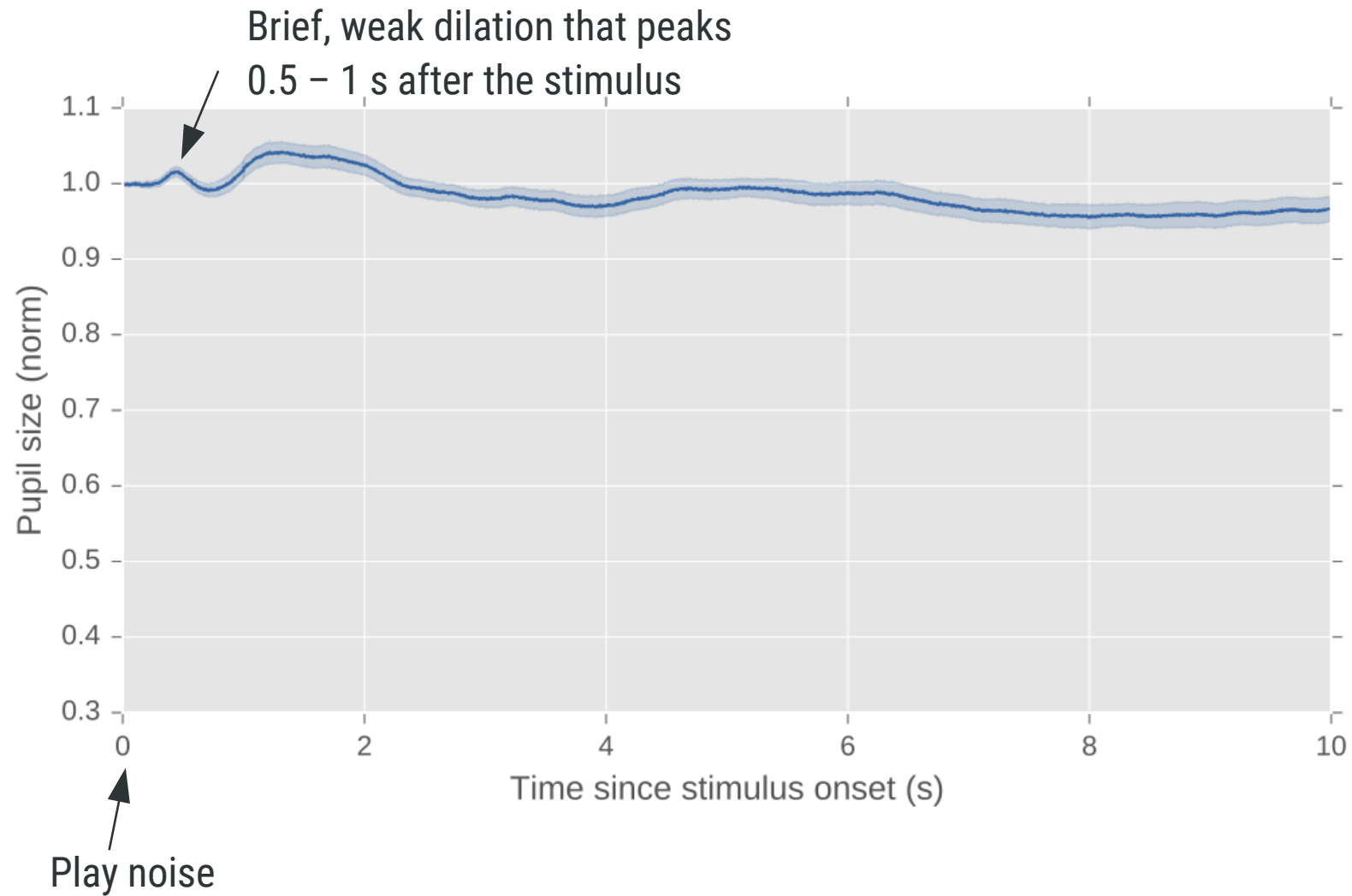


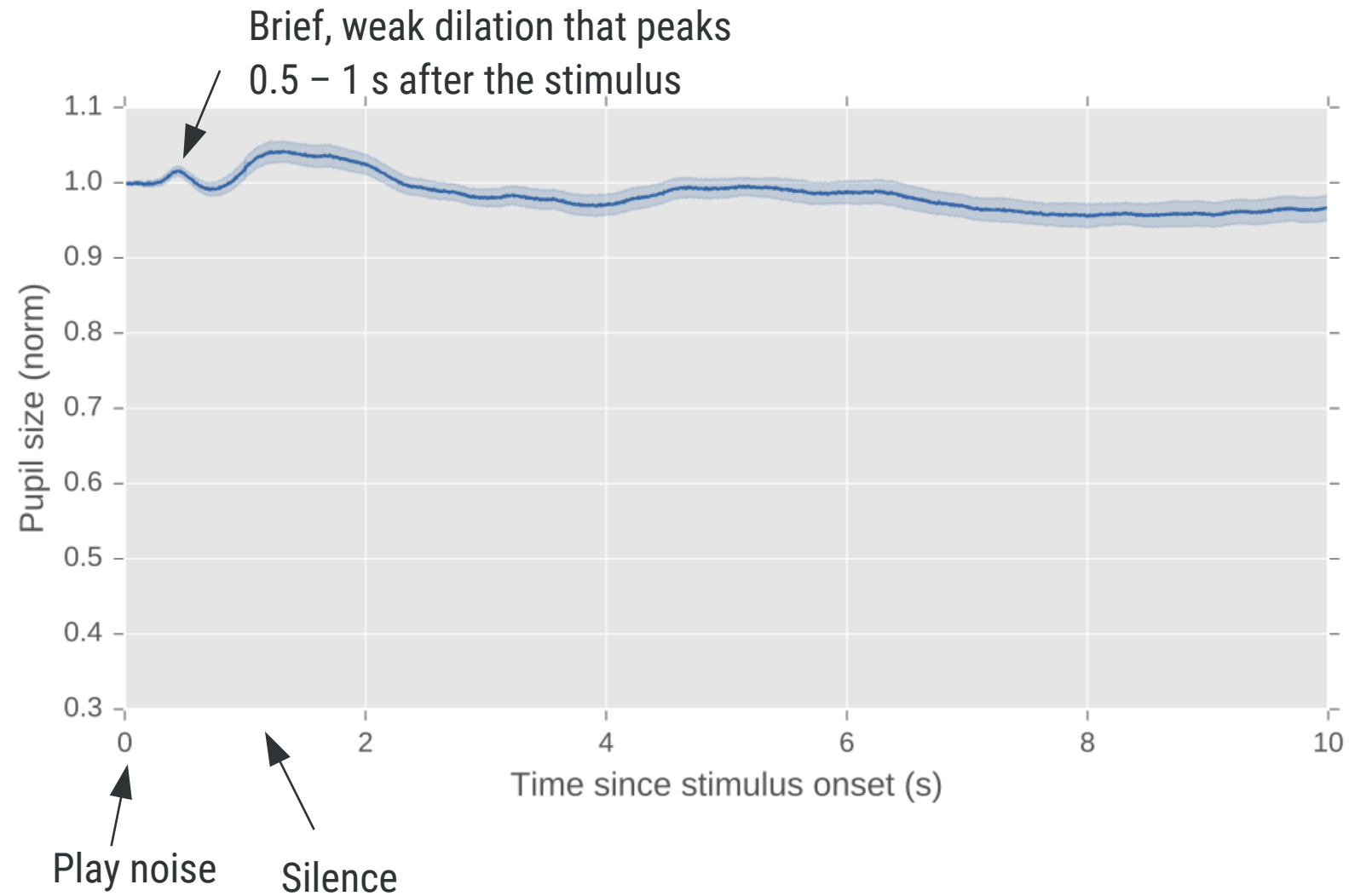
Arousal.

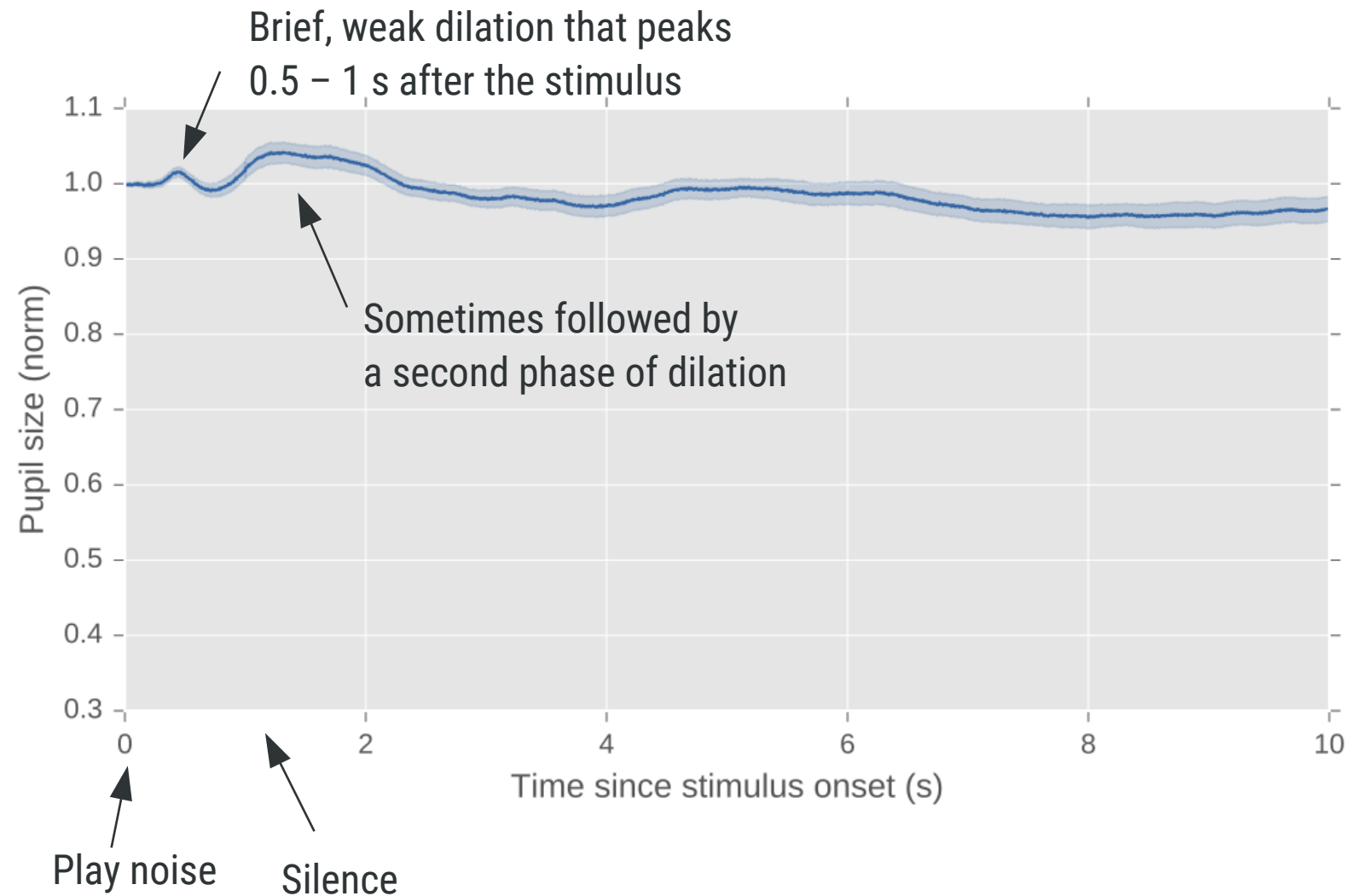




Play noise

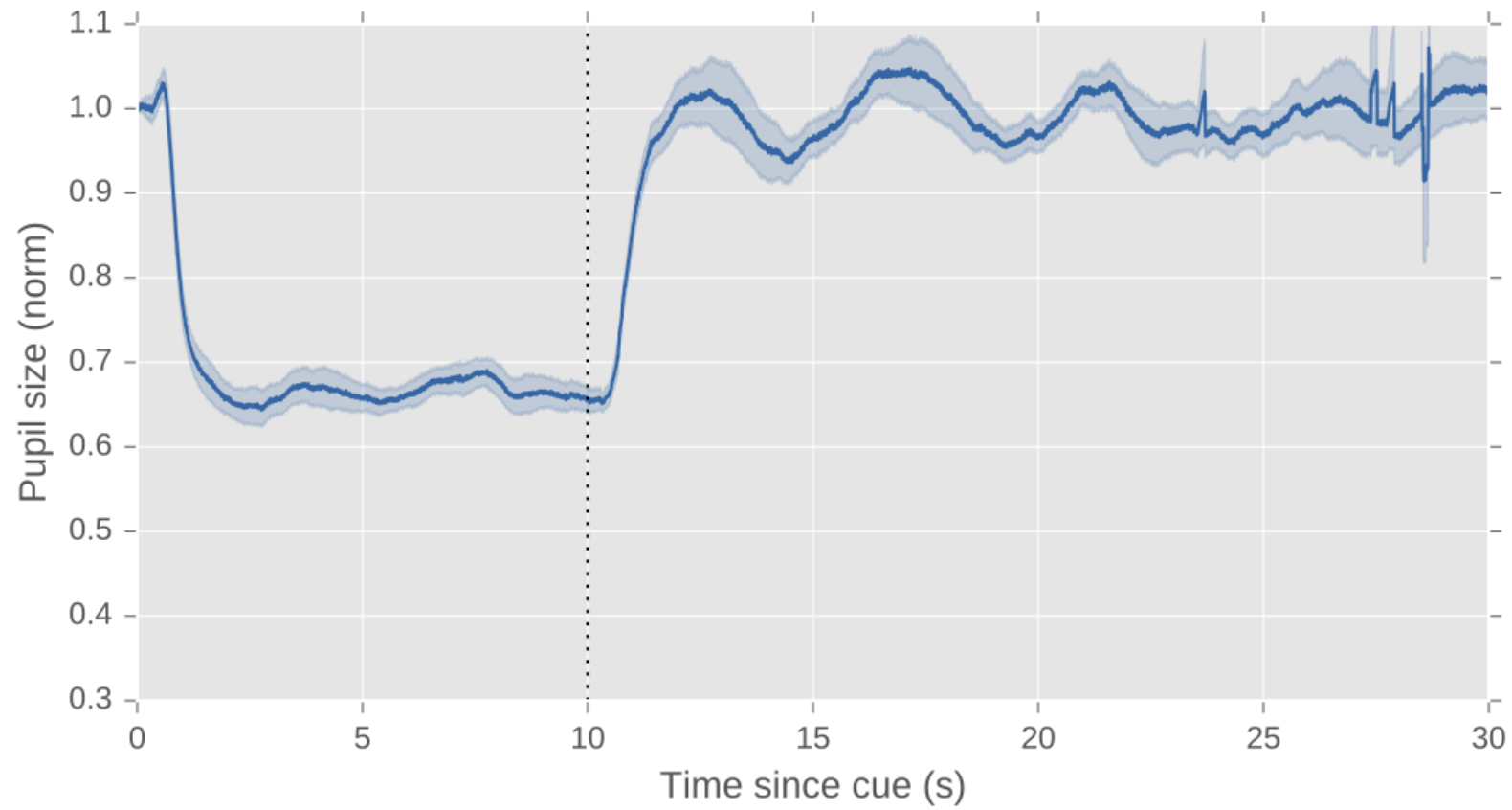


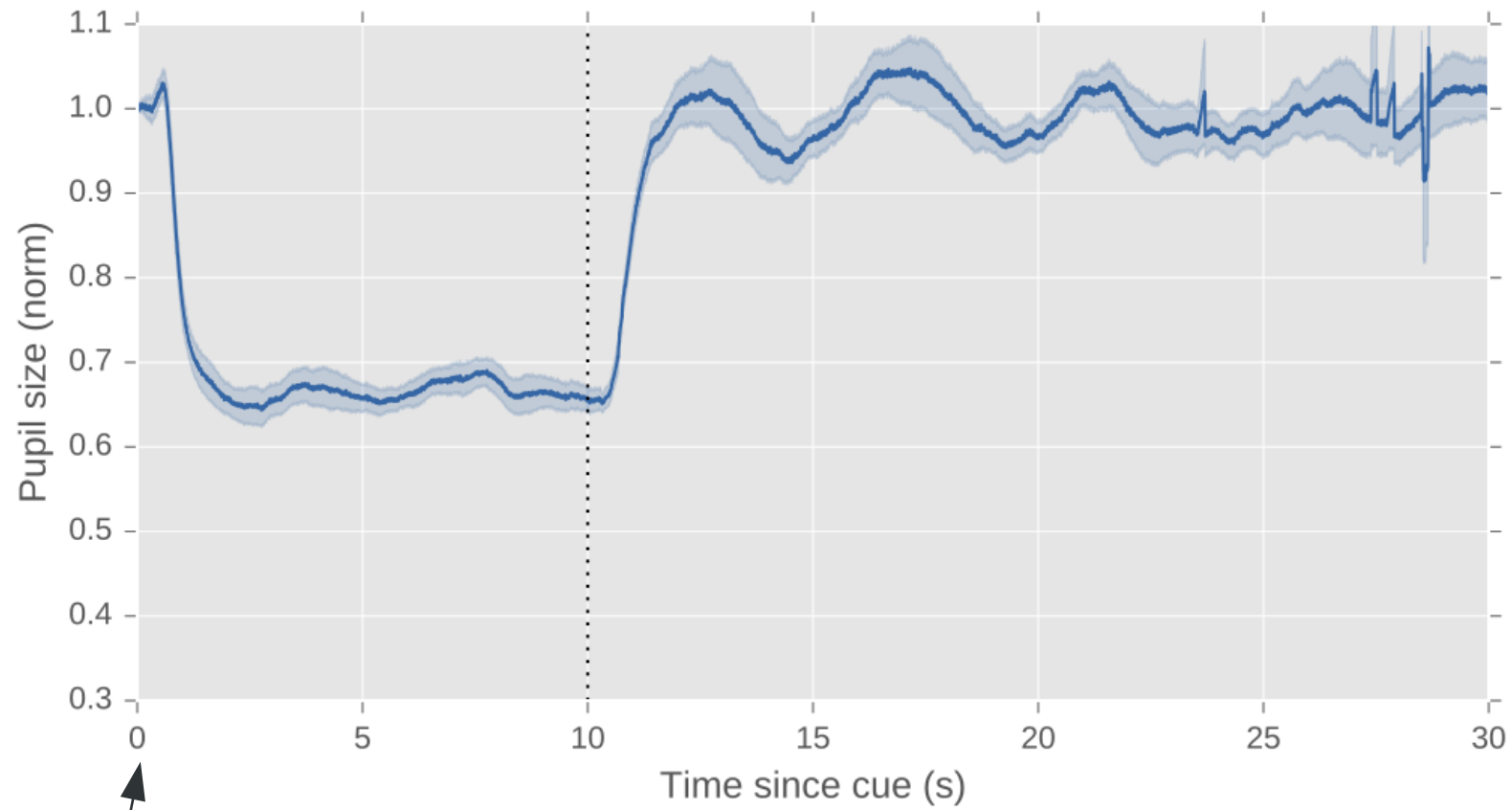




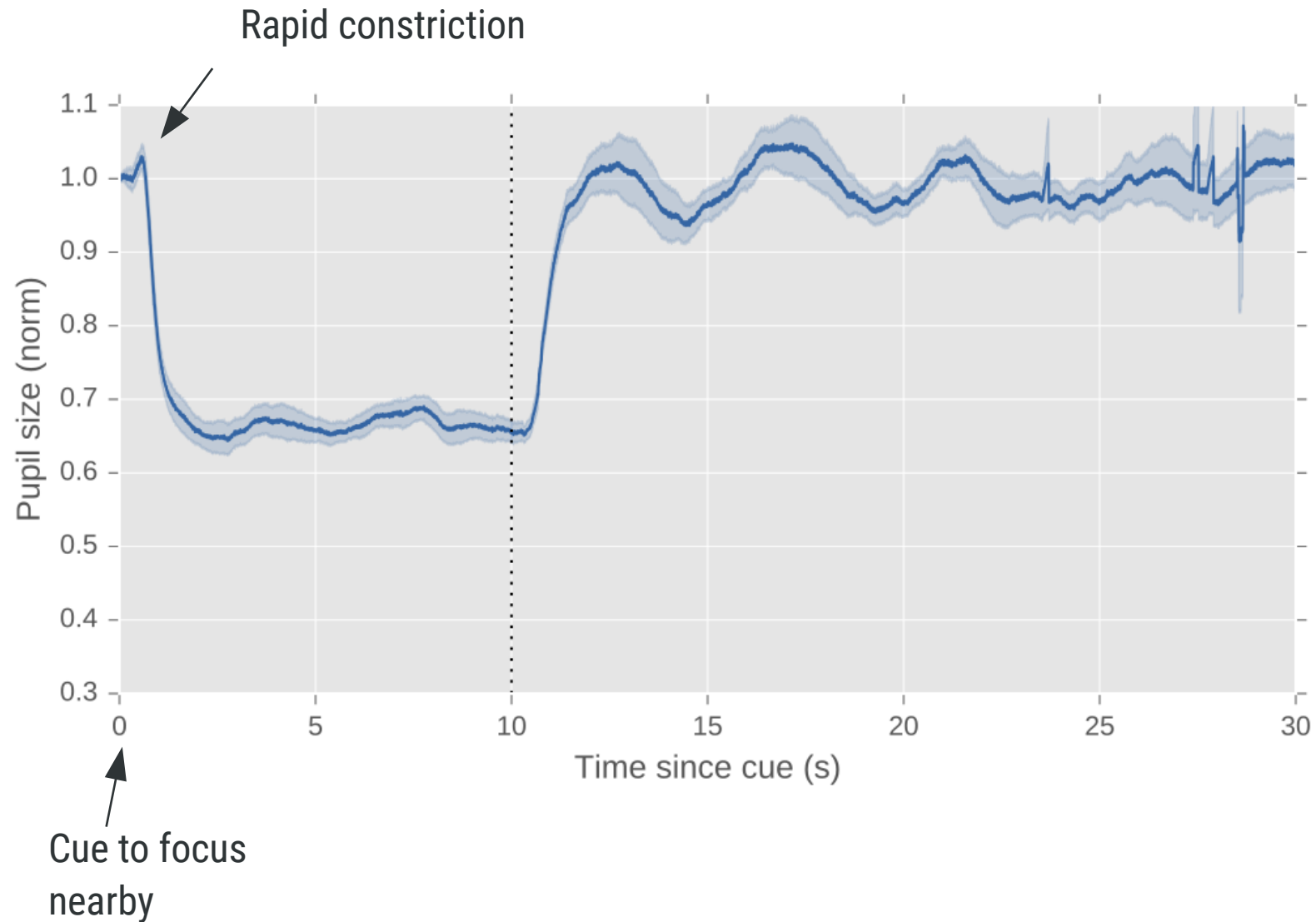
A close-up photograph of a human eye with a vibrant green iris. The pupil is a solid black circle in the center. The iris has a complex, fibrous texture with some yellowish-brown areas. The word "Distance." is written in a yellow, serif font across the pupil. The background is blurred, showing a hint of a blue sky and some green foliage.

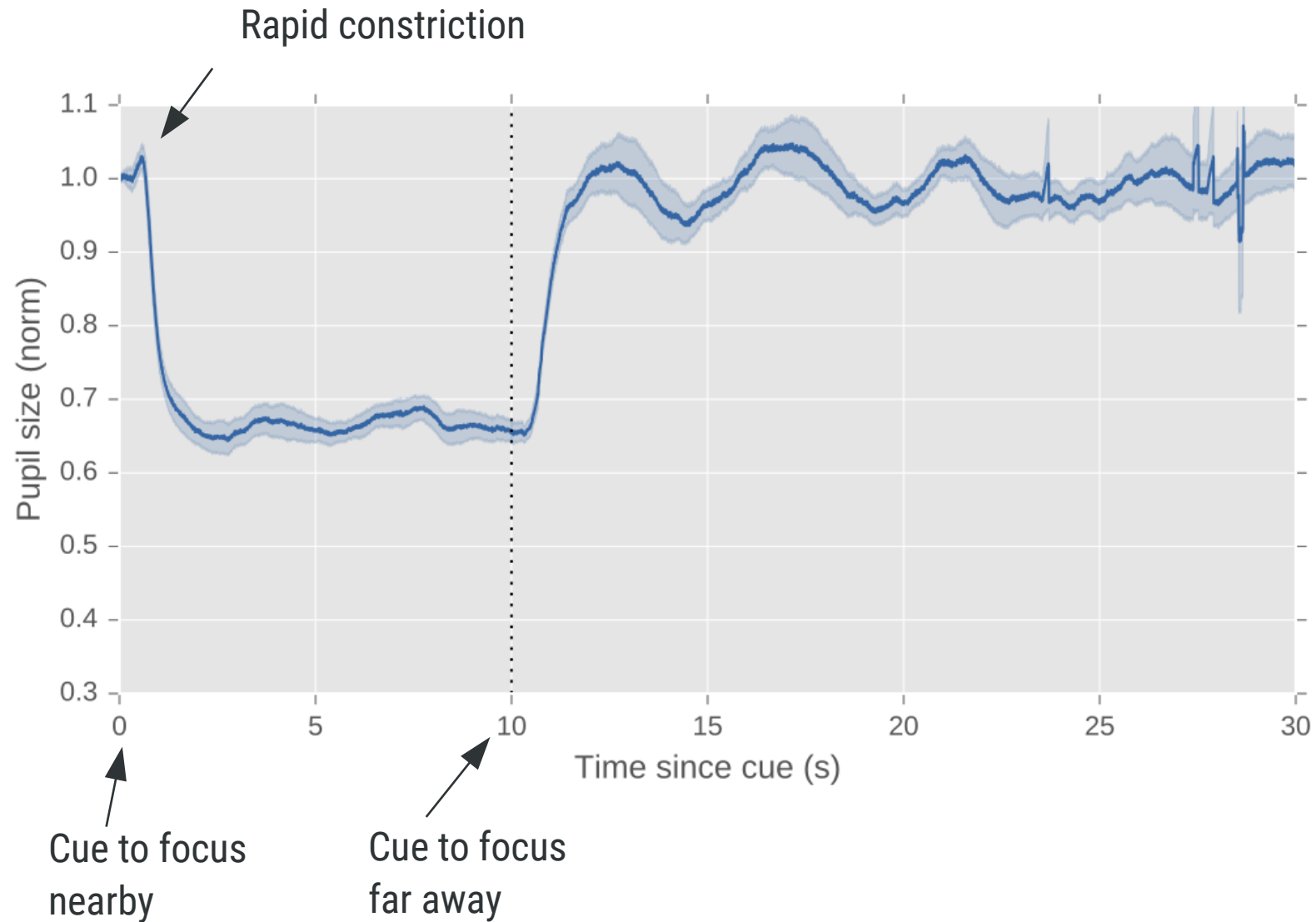
Distance.

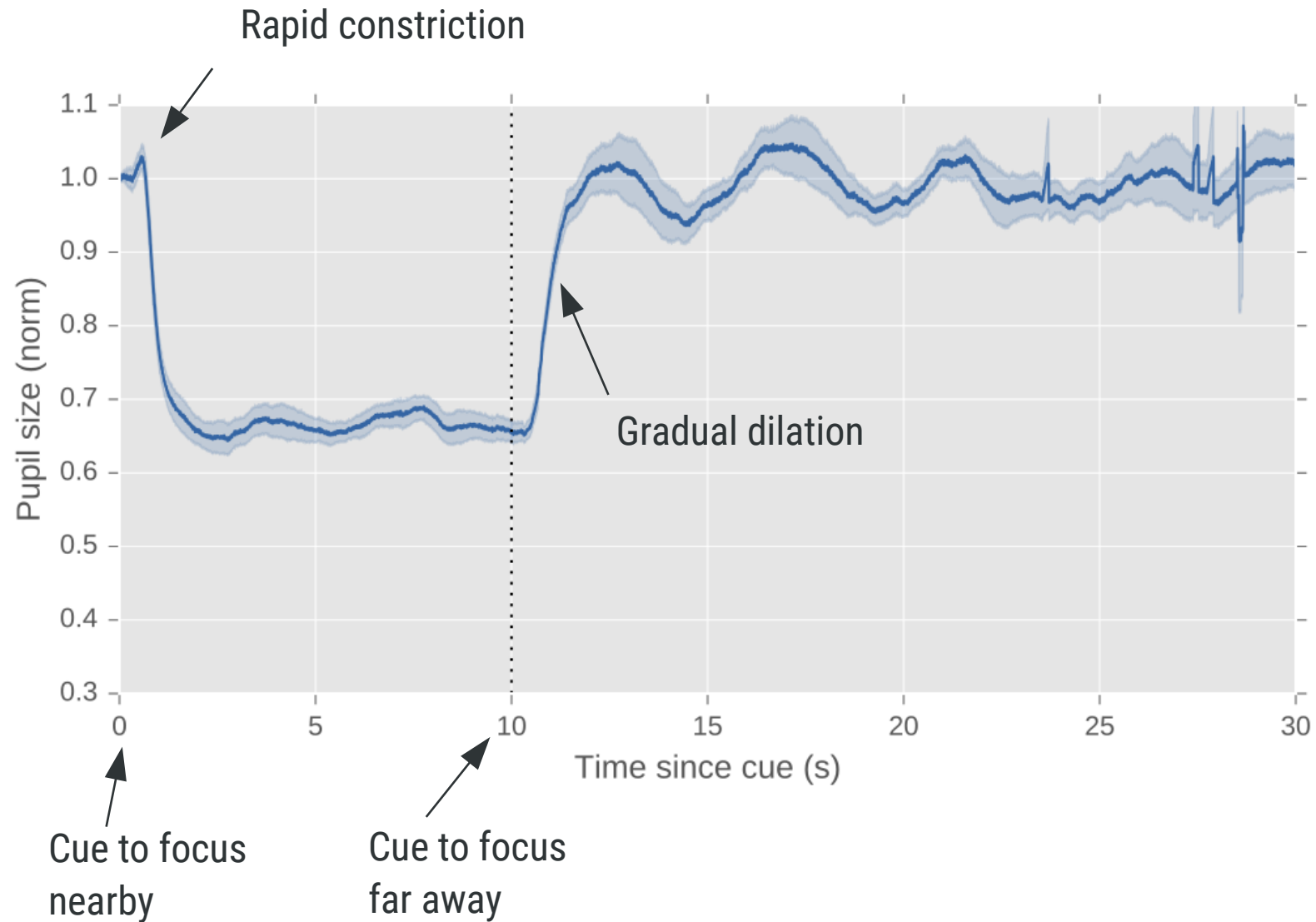




Cue to focus
nearby

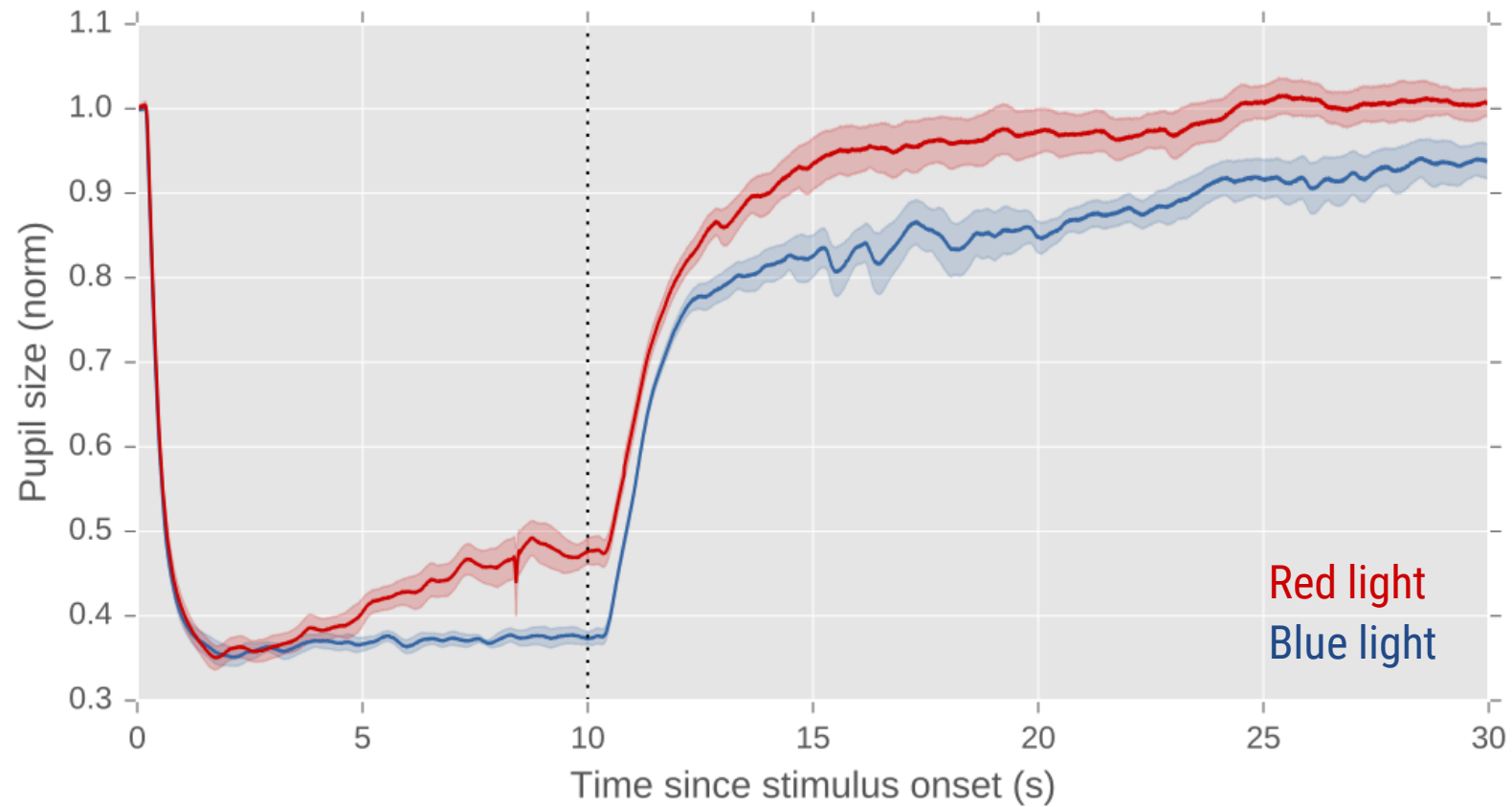


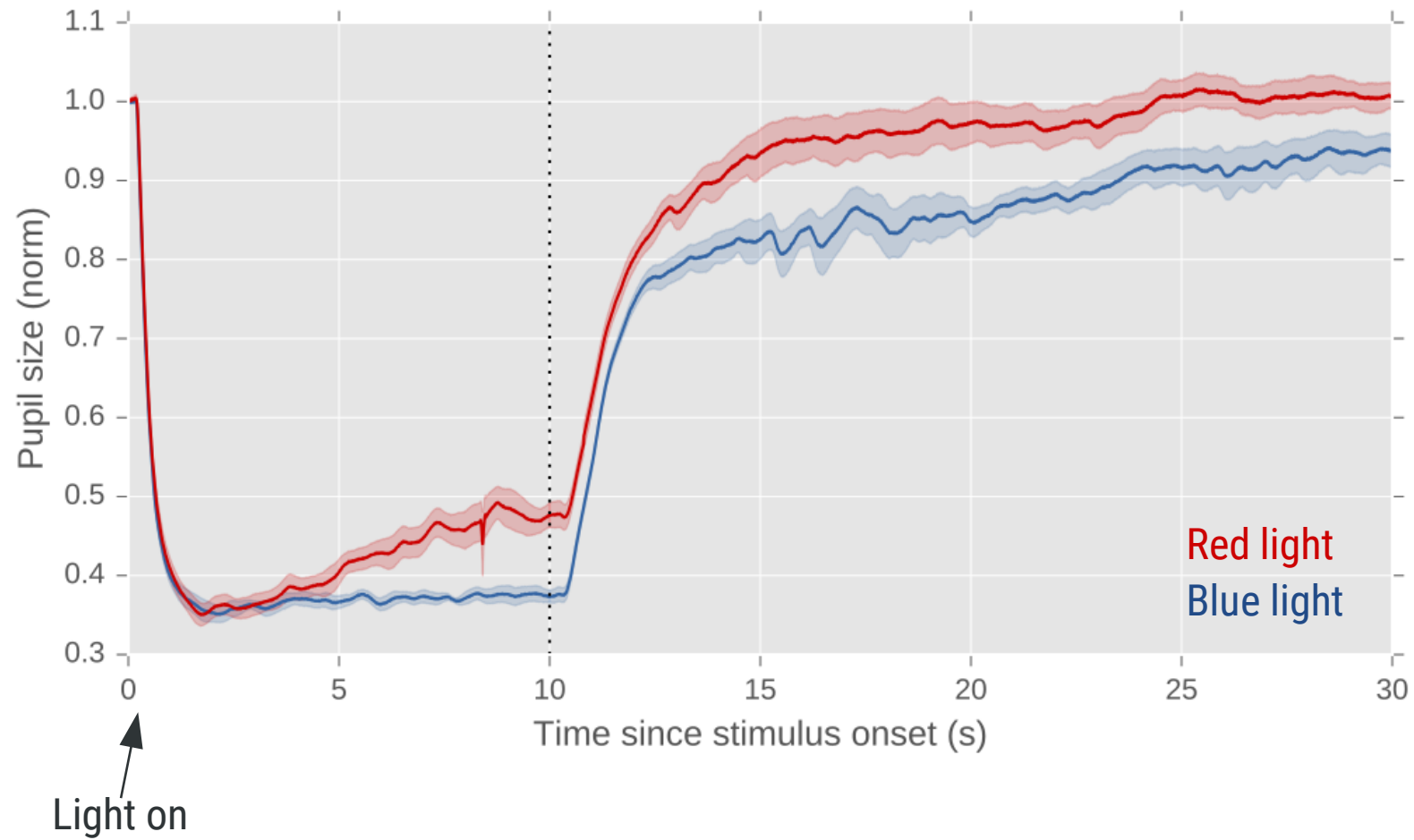


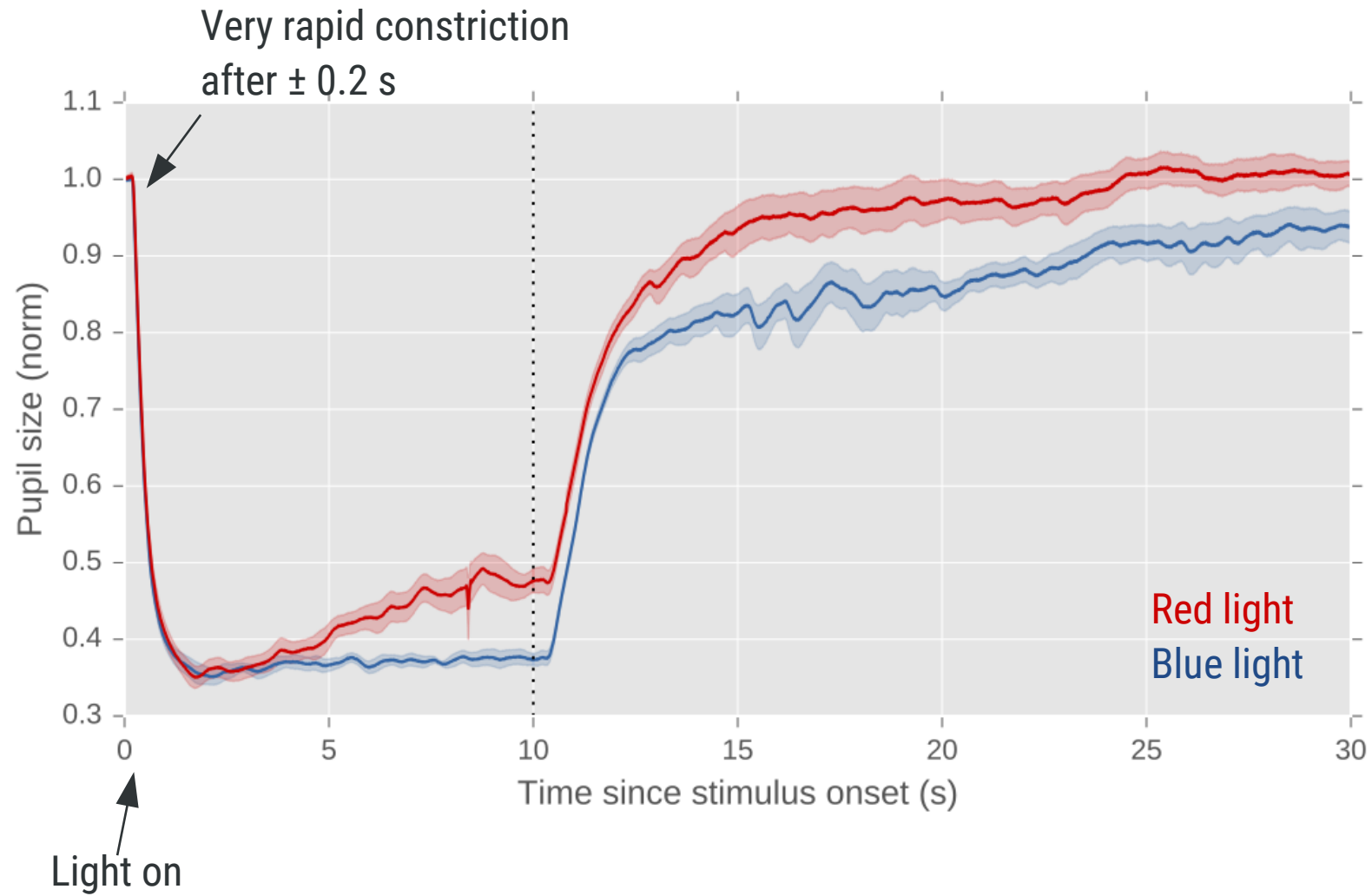


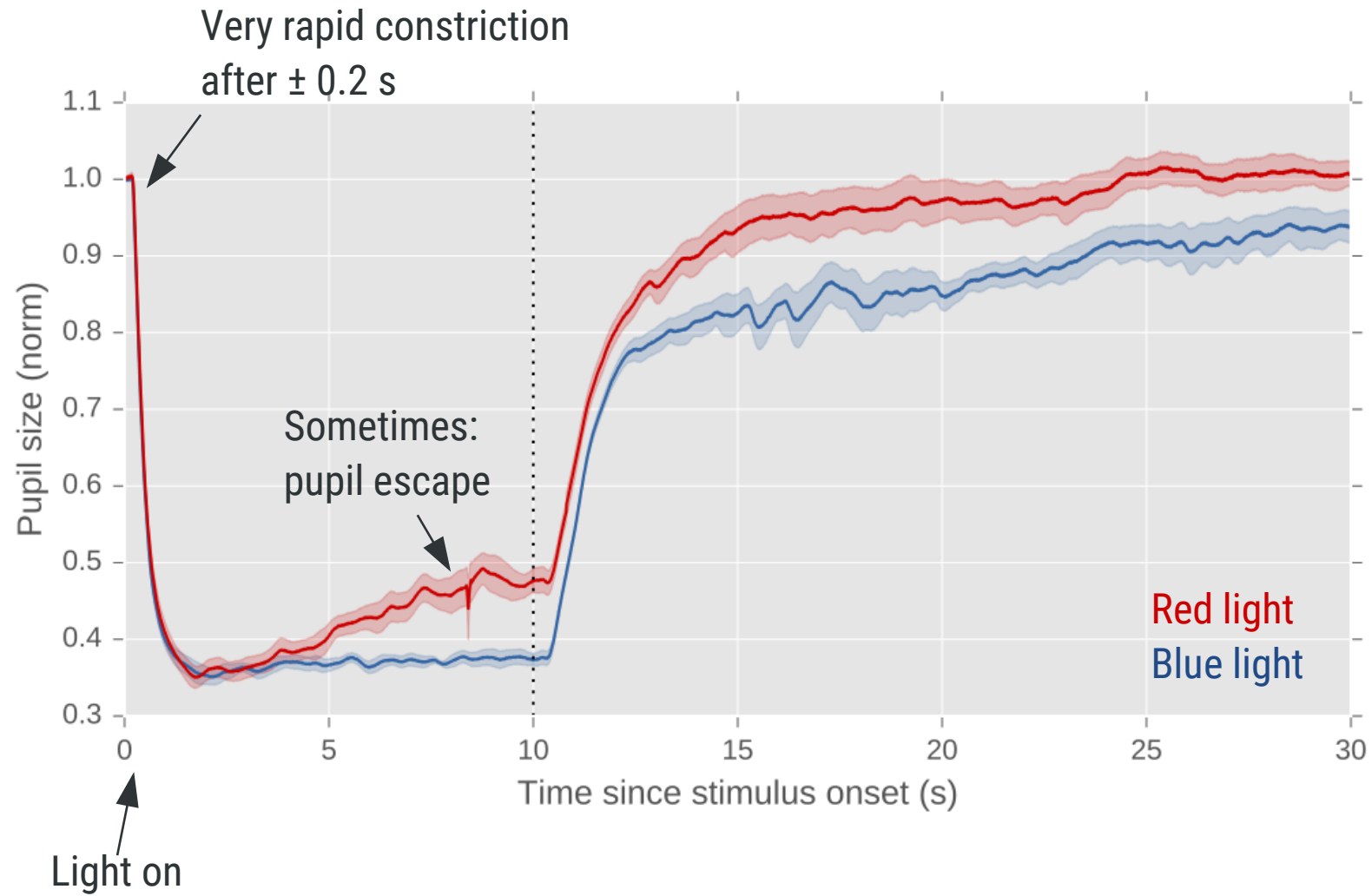


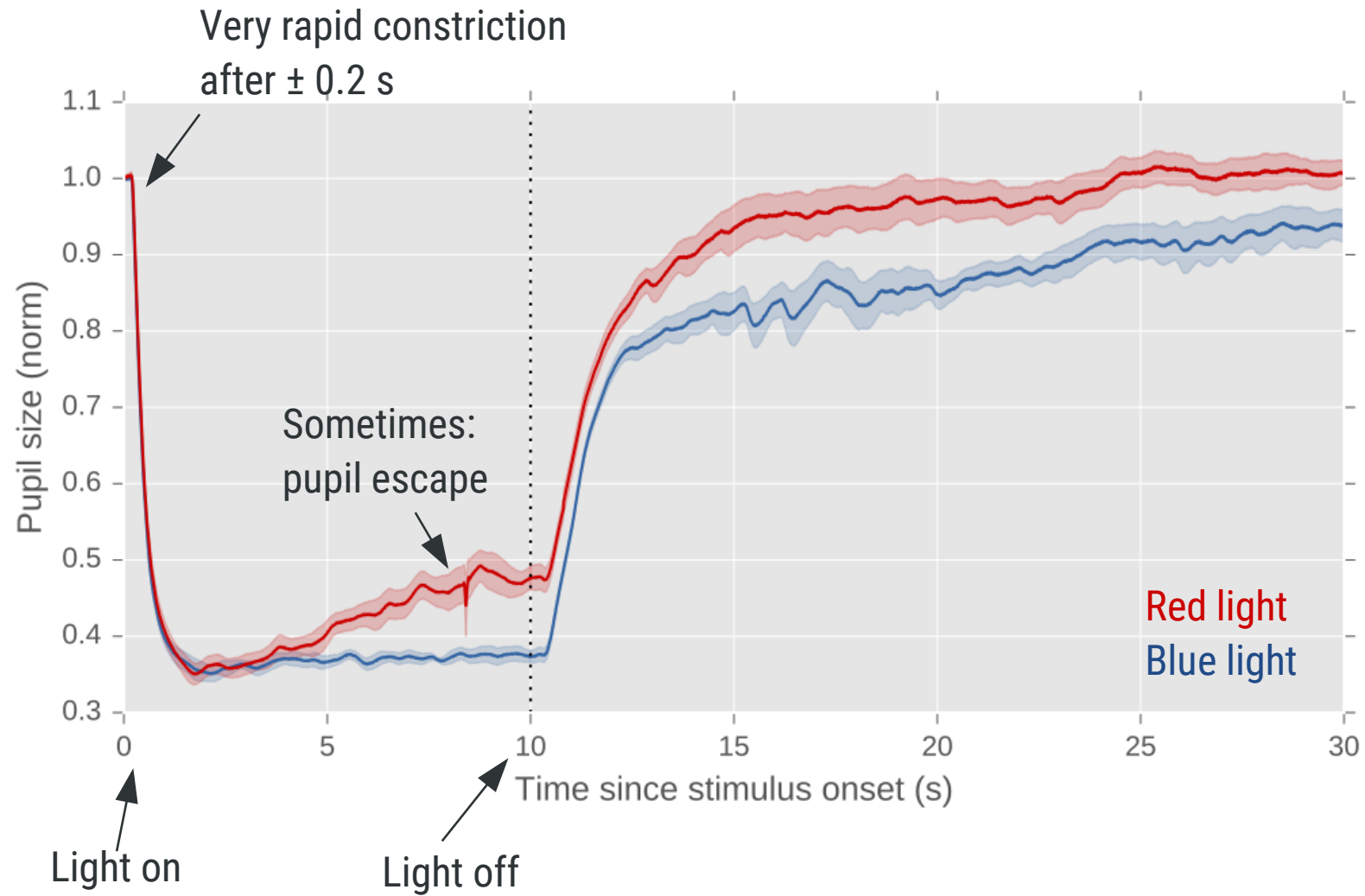
Light.

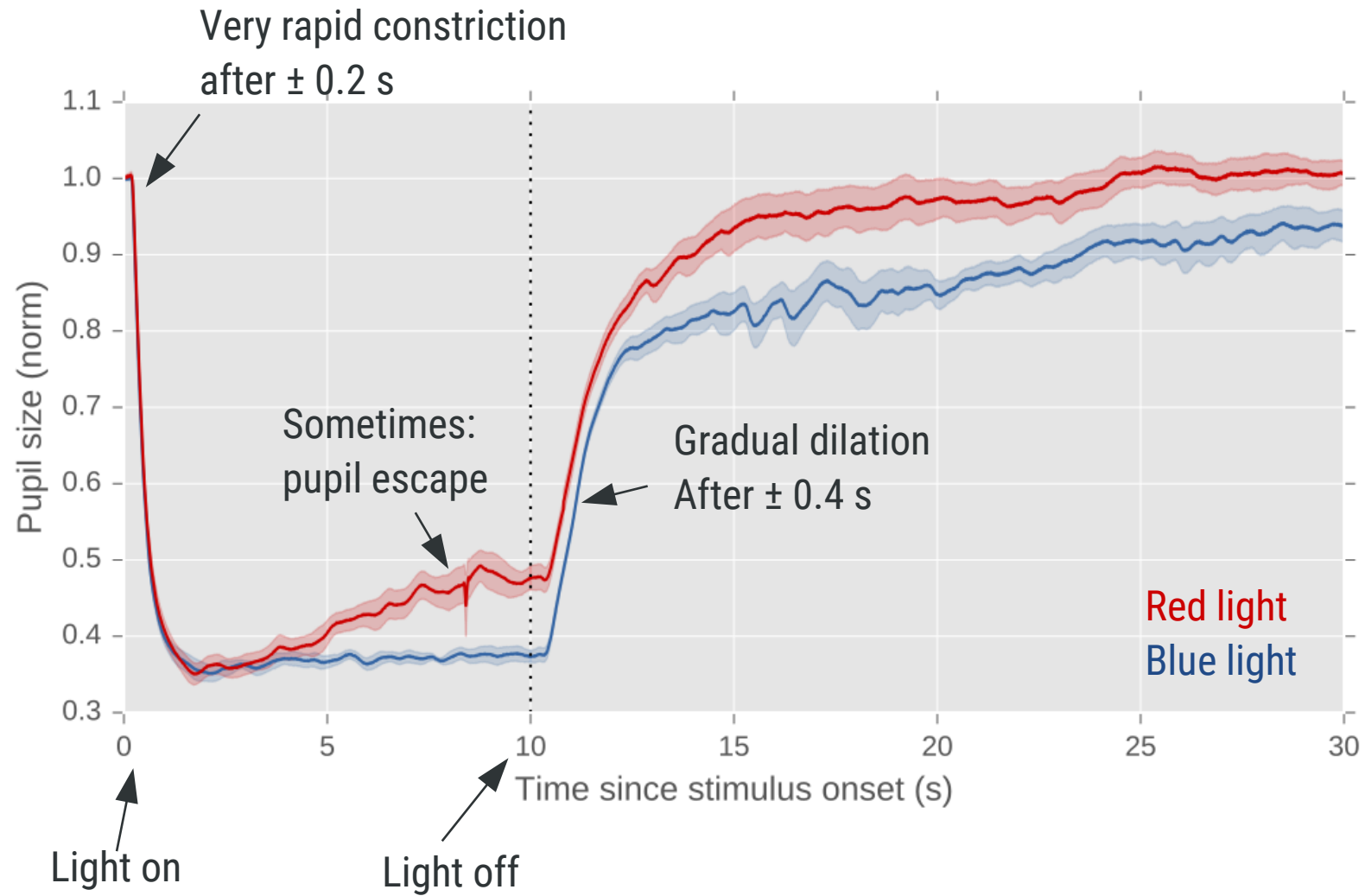


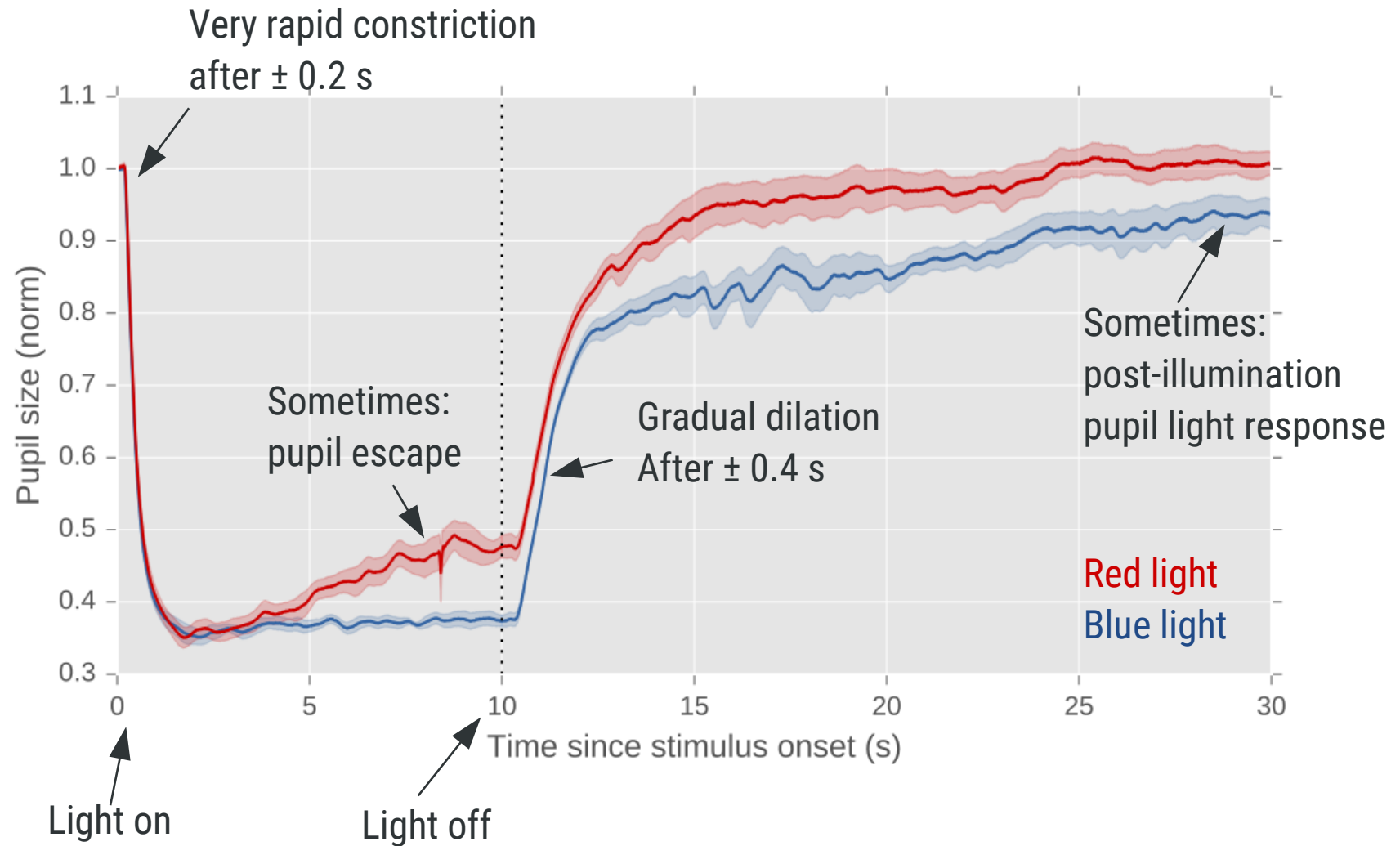


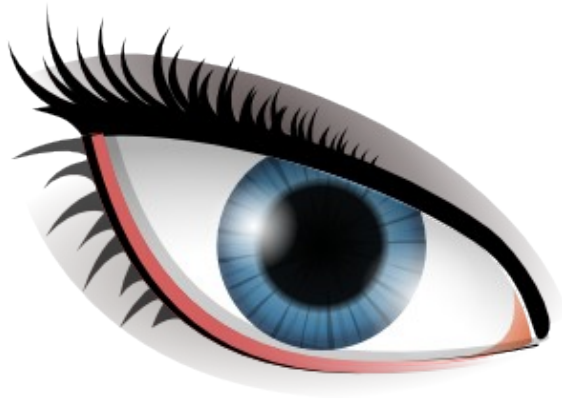


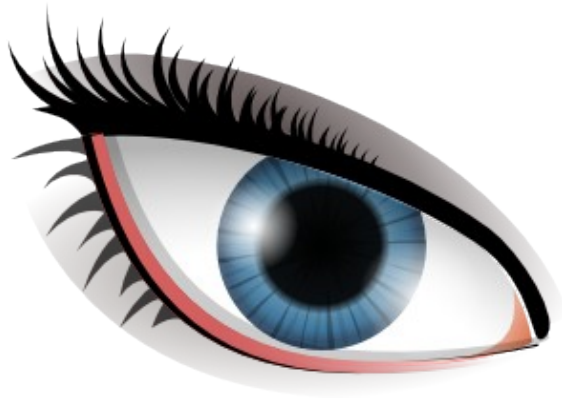




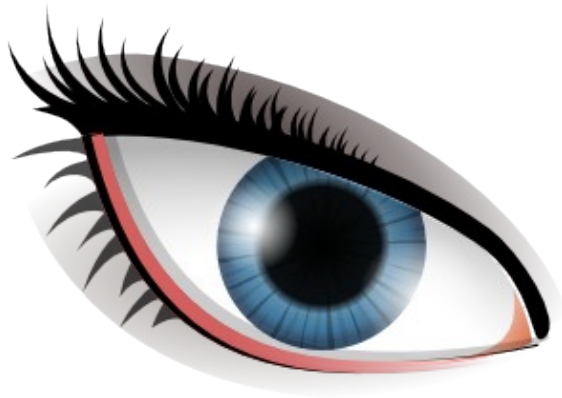






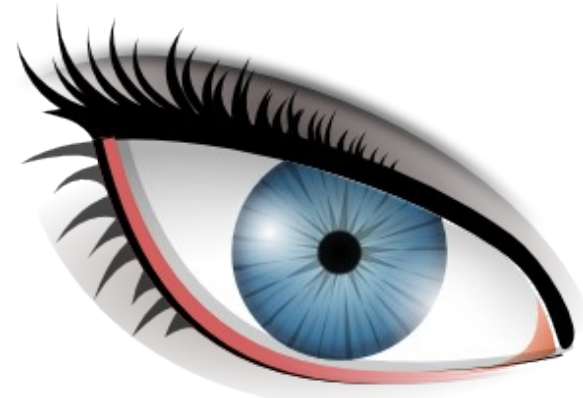
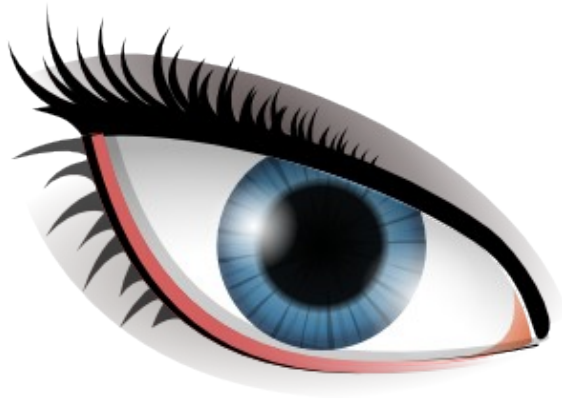


Captures lots of light



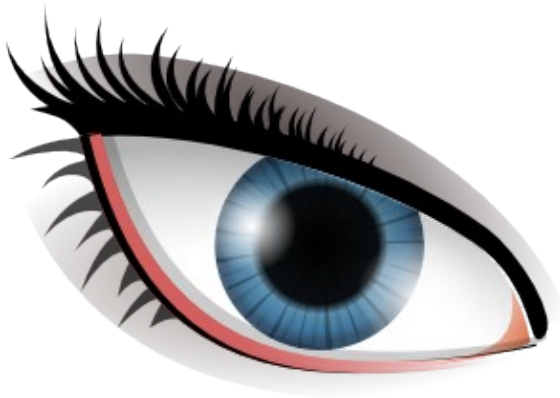
Captures lots of light

Has lots of optical
distortions



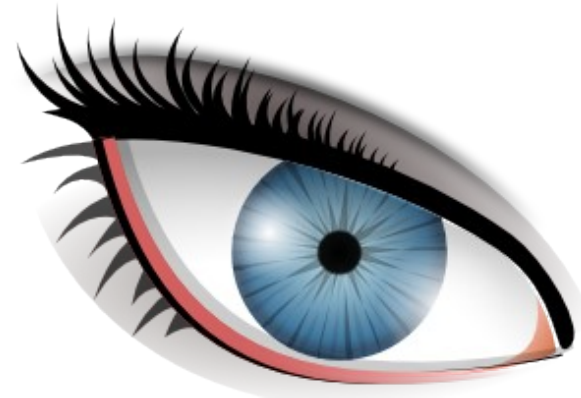
Captures lots of light

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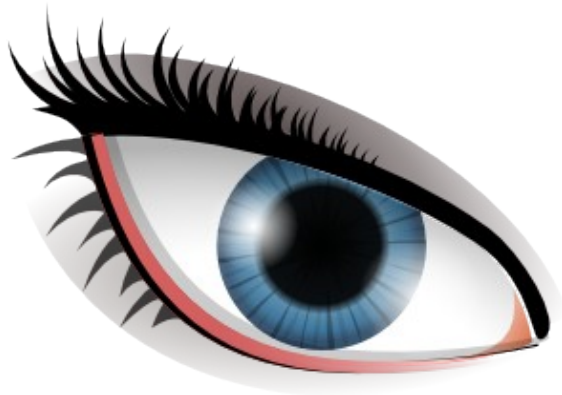


Captures lots of light

Has lots of optical
distortions

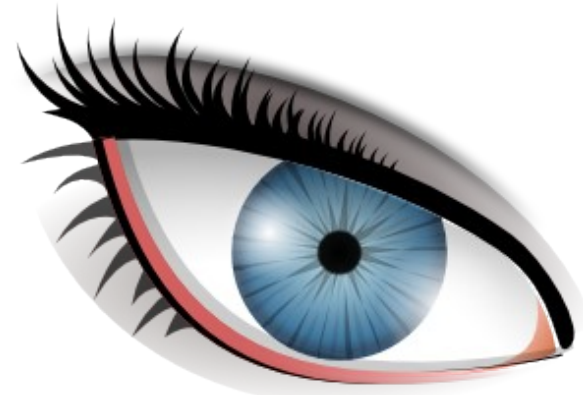


Captures less light



Captures lots of light

Has lots of optical
 distortions



Captures less light

Has less optical
 distortions



The pupil light response

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 - Visual working memory
 - Word comprehension

The pupillary light response and visual attention



Mathôt, Dalmaijer, Grainger, & Van der Stigchel (2014)

<http://doi.org/10.1167/14.14.7>



Visual attention



Visual attention

- If you attend to something, you see it more clearly

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- Sudden visual events capture attention[1]
 - A light that is switched on
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- Sudden visual events capture attention[1]
 - A light that is switched on
 - A sudden movement
- ... regardless of goals
 - It's reflexive
- ... and this can occur without eye movements
 - Covert visual attention



Visual attention



Visual attention

- Reflexive shifts of attention are brief



Visual attention

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- ... and followed by inhibition (of return) [1]



Visual attention

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- Does the light response reflect:

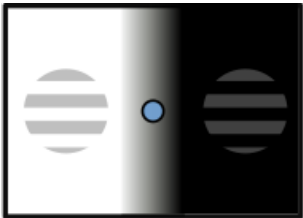
Visual attention

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 - A been-there-done-that mechanism
- Does the light response reflect:
 - Reflexive attention?
 - Inhibition of return?

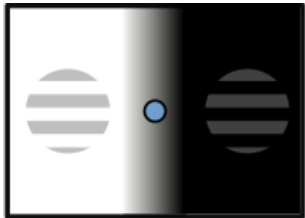
Methods



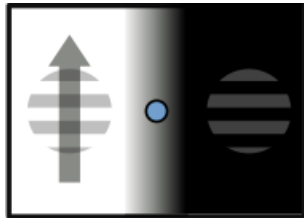
Adaptation
 ± 3000 ms



Methods



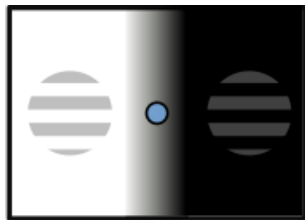
Adaptation
 ± 3000 ms



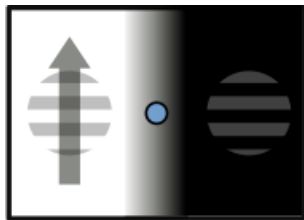
Cue
50 ms



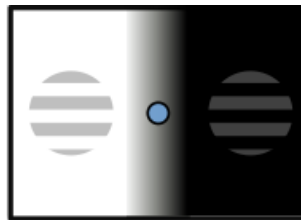
Methods



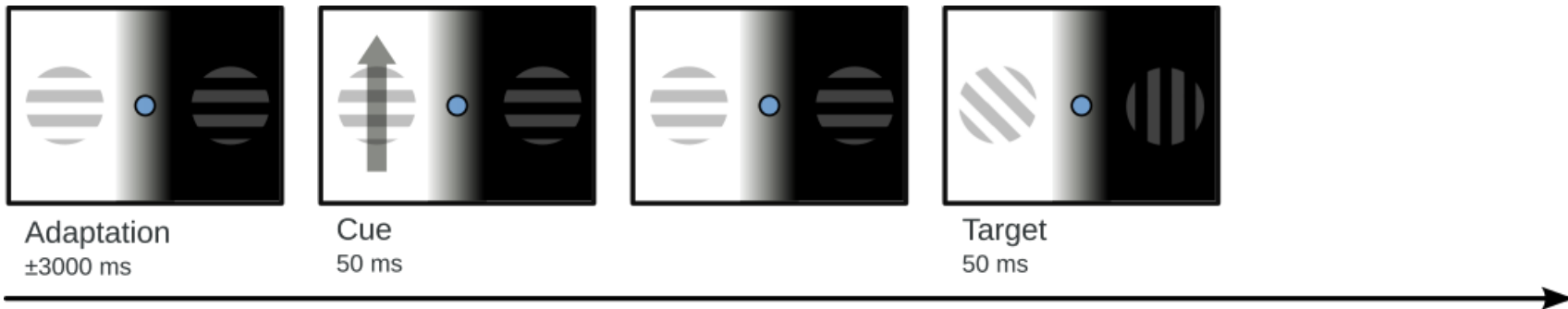
Adaptation
 ± 3000 ms



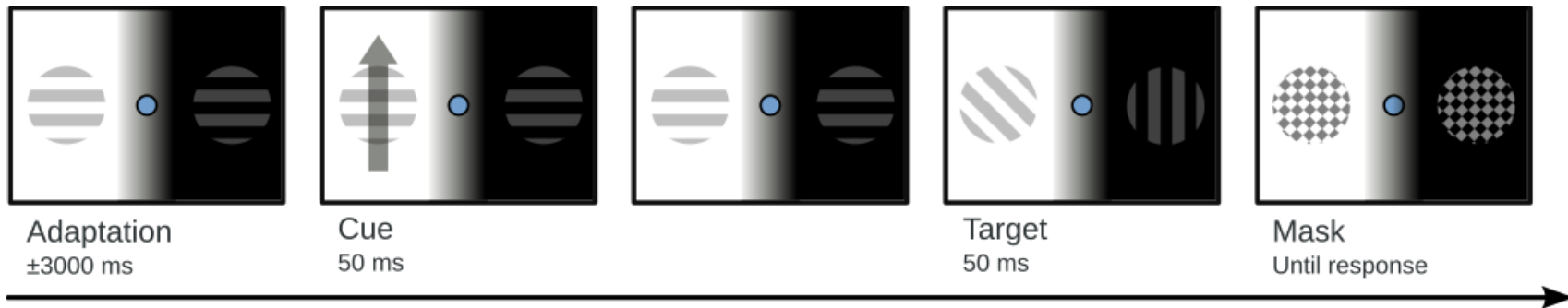
Cue
50 ms



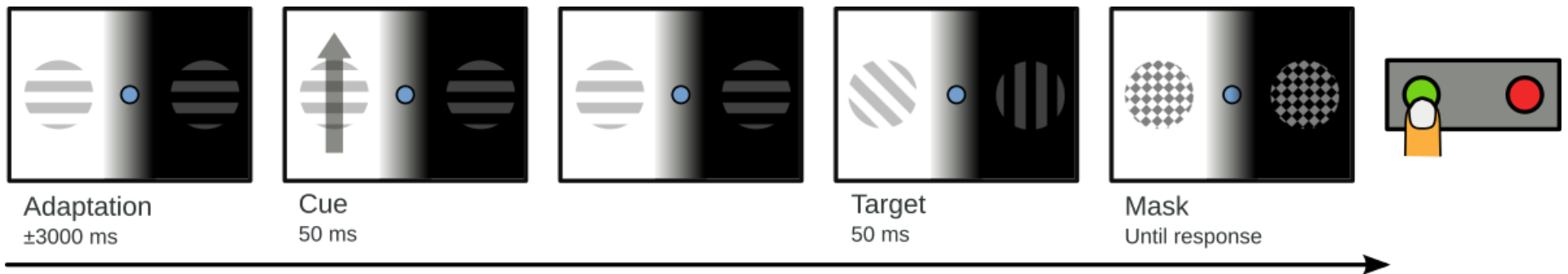
Methods



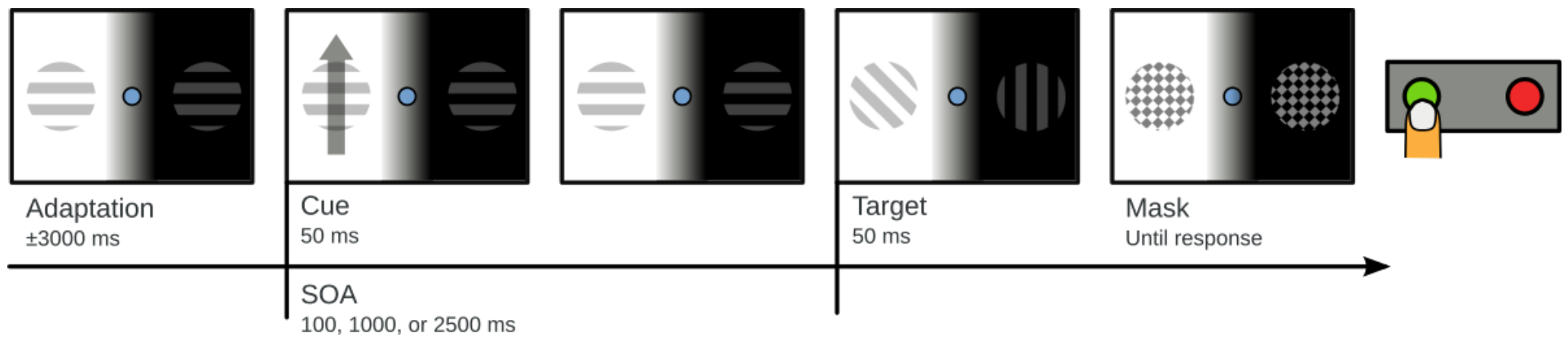
Methods



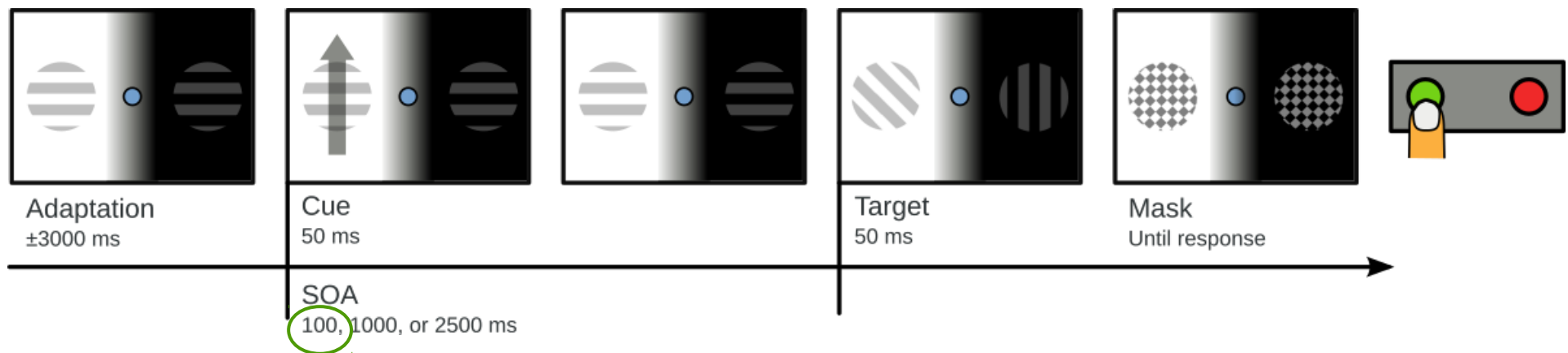
Methods



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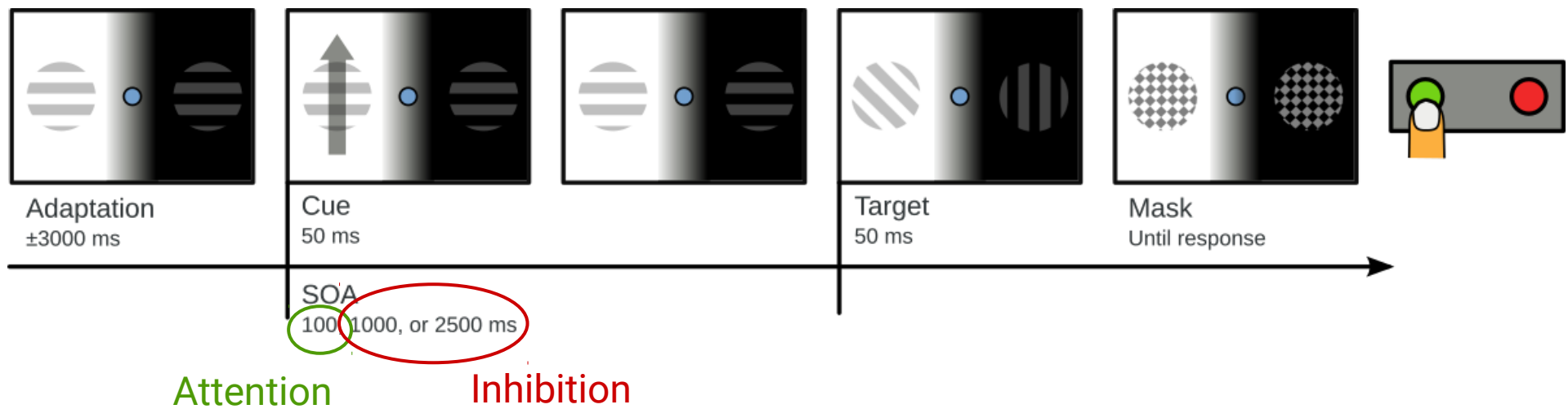


Methods

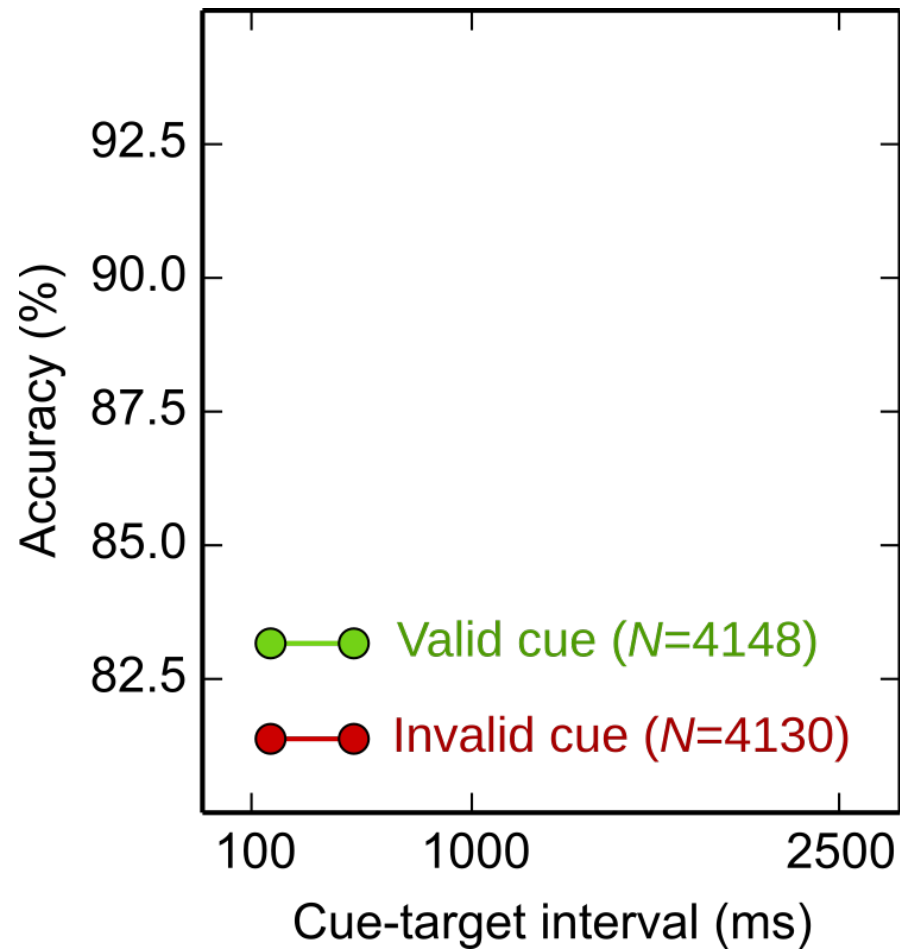


Attention

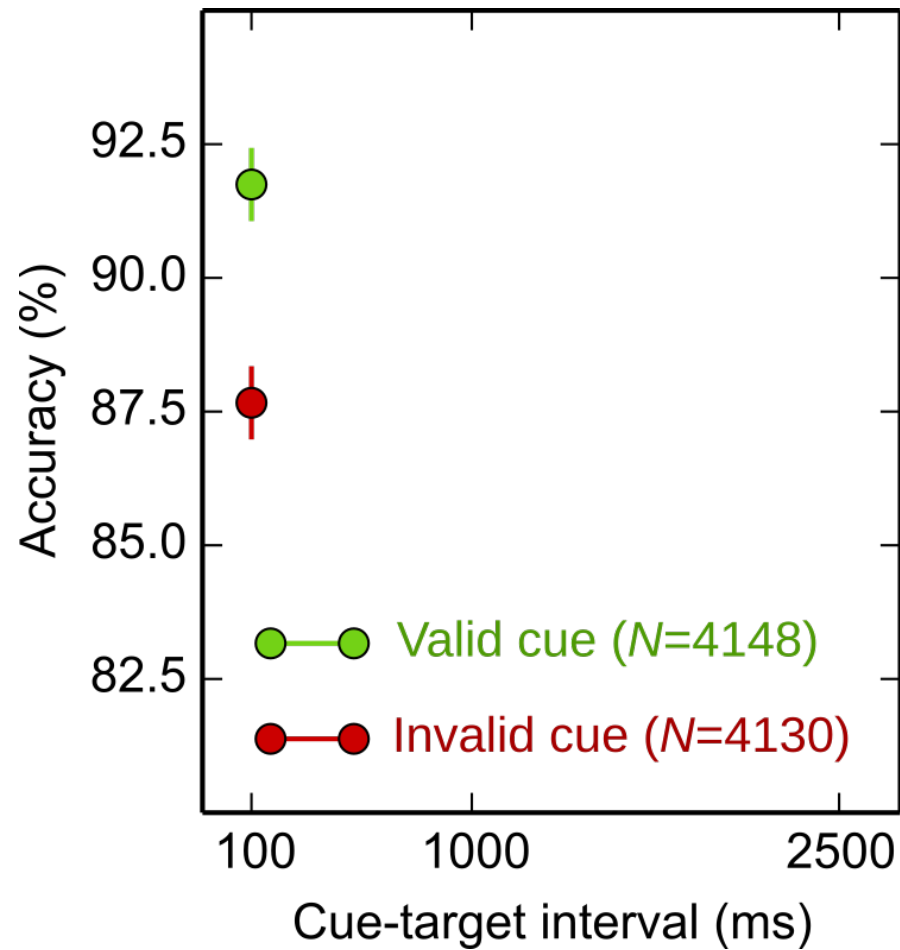
Methods



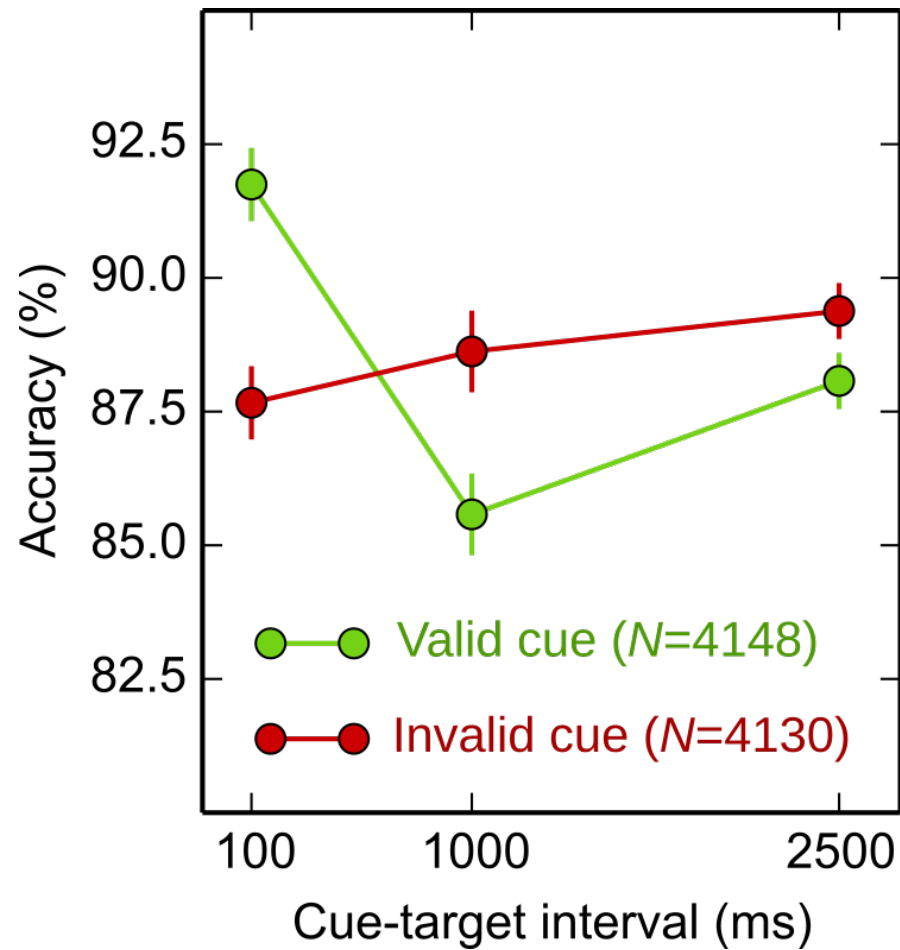
Results



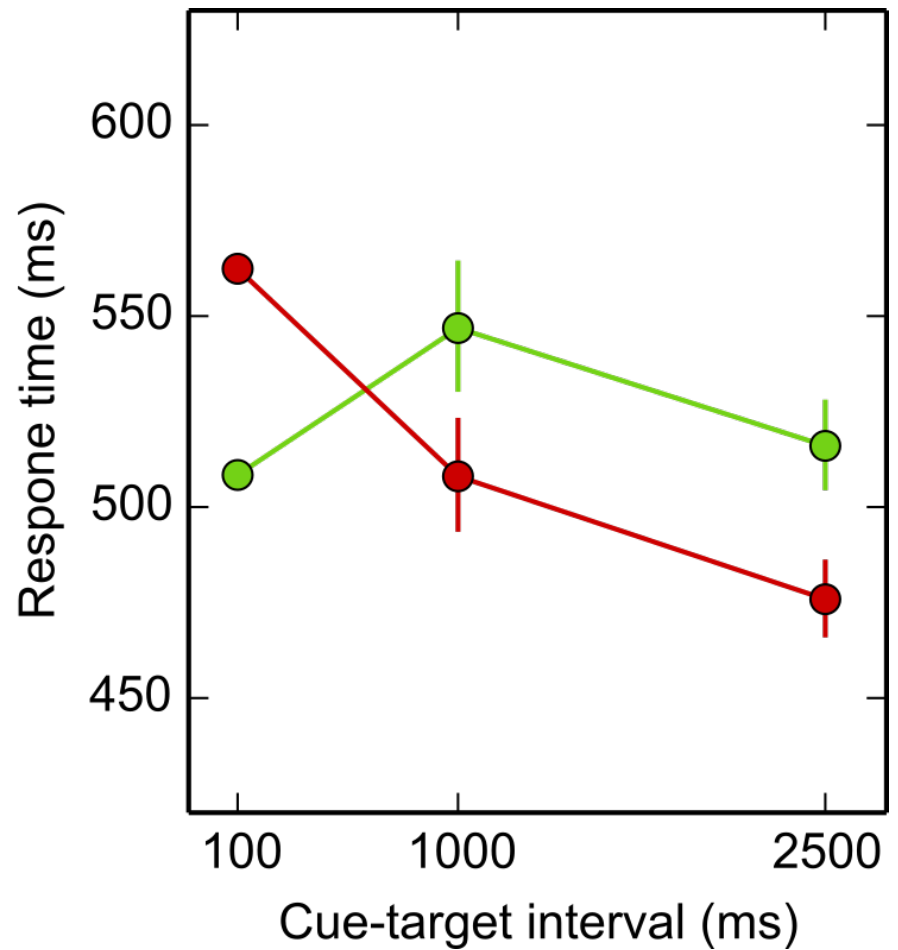
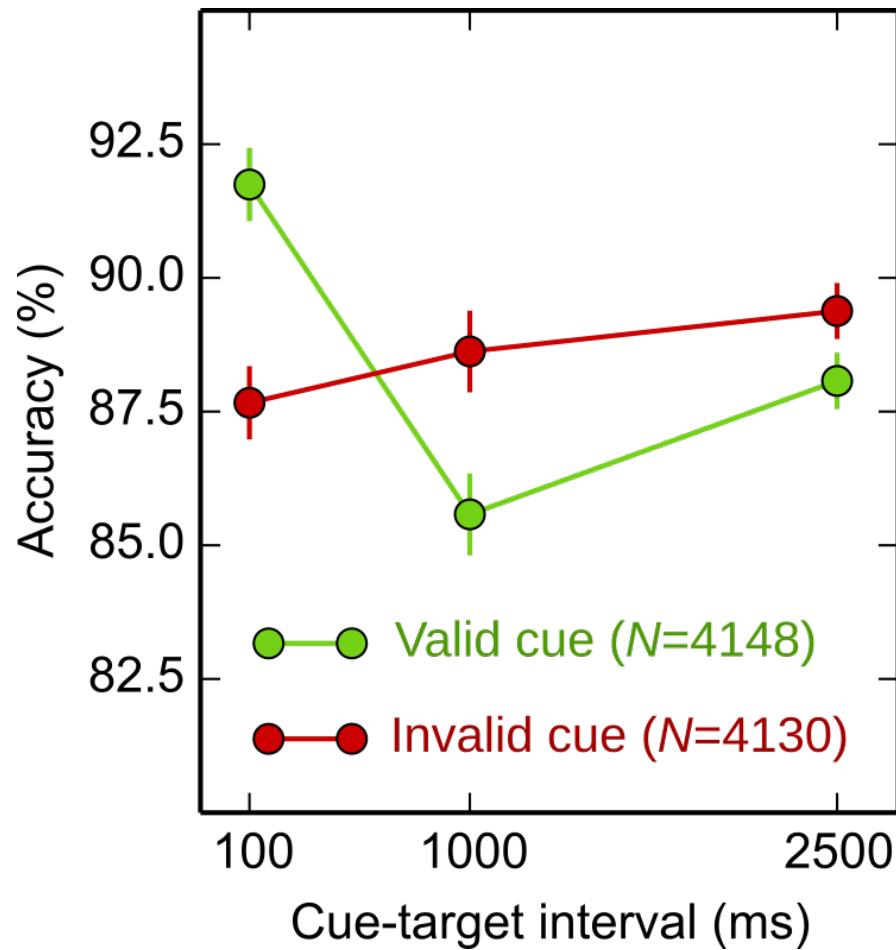
Results



Results



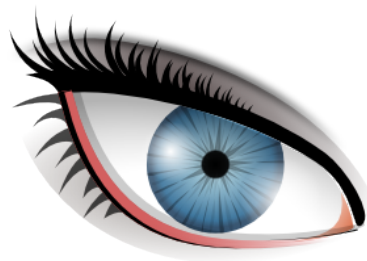
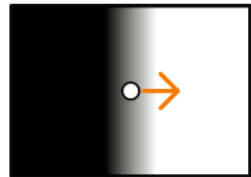
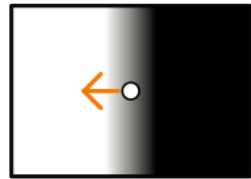
Results



Prediction

Attend bright

Small pupil

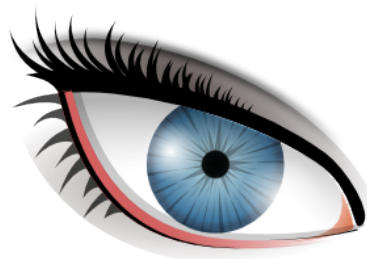
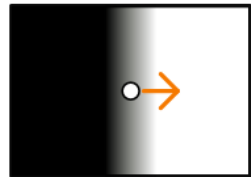
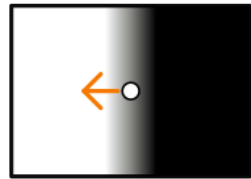


Shortly
After
cue

Prediction

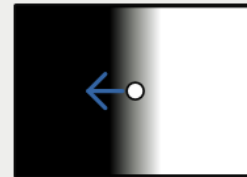
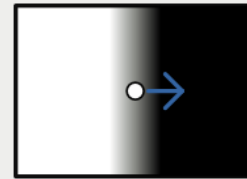
Attend bright

Small pupil



Attend dark

Large pupil

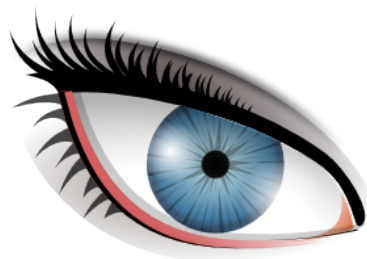
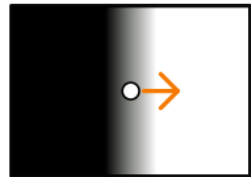
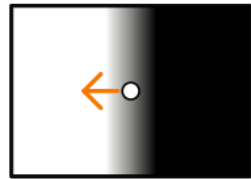


Shortly
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cue

Prediction

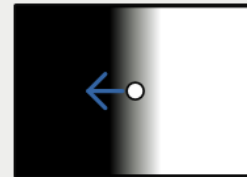
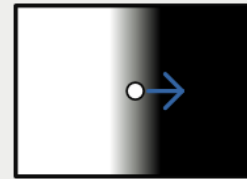
Attend bright

Small pupil



Attend dark

Large pupil



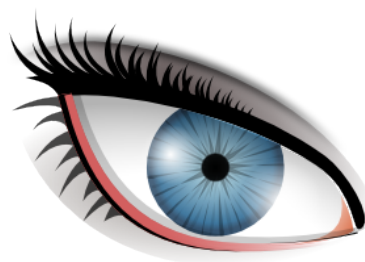
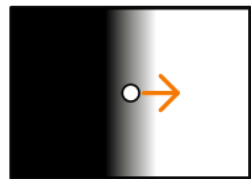
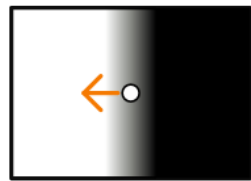
Shortly
After
cue

Longer
after
cue

Prediction

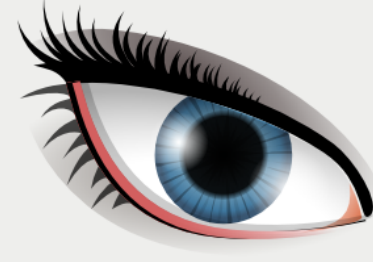
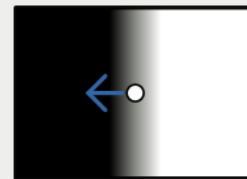
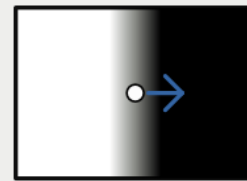
Attend bright

Small pupil



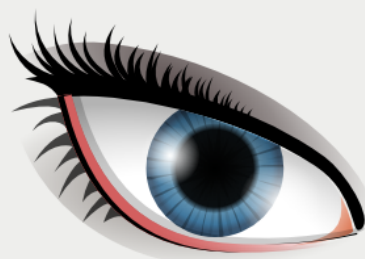
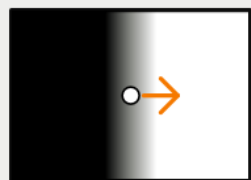
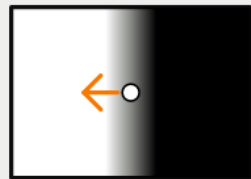
Attend dark

Large pupil



Inhibit bright

Large pupil



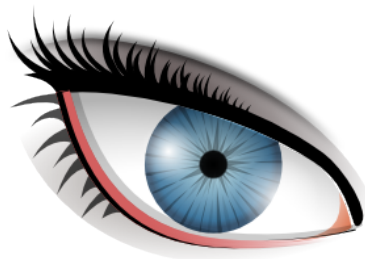
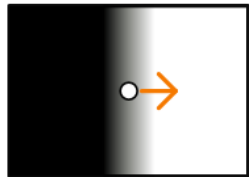
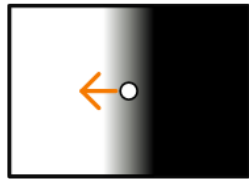
Shortly
After
cue

Longer
after
cue

Prediction

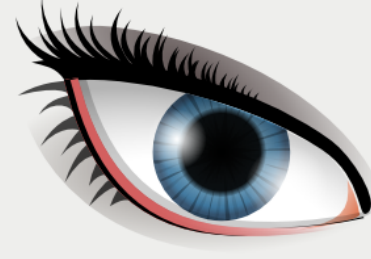
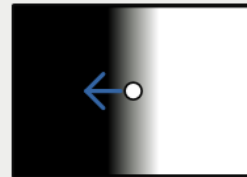
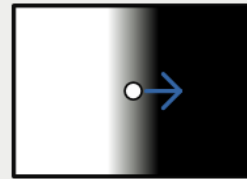
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Small pupil



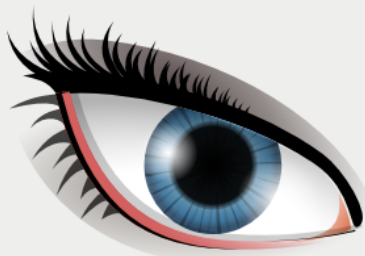
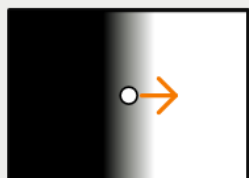
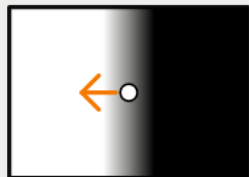
Attend dark

Large pupil



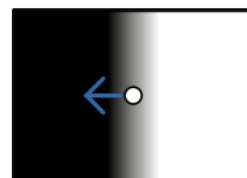
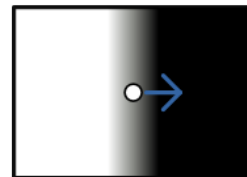
Inhibit bright

Large pupil



Inhibit dark

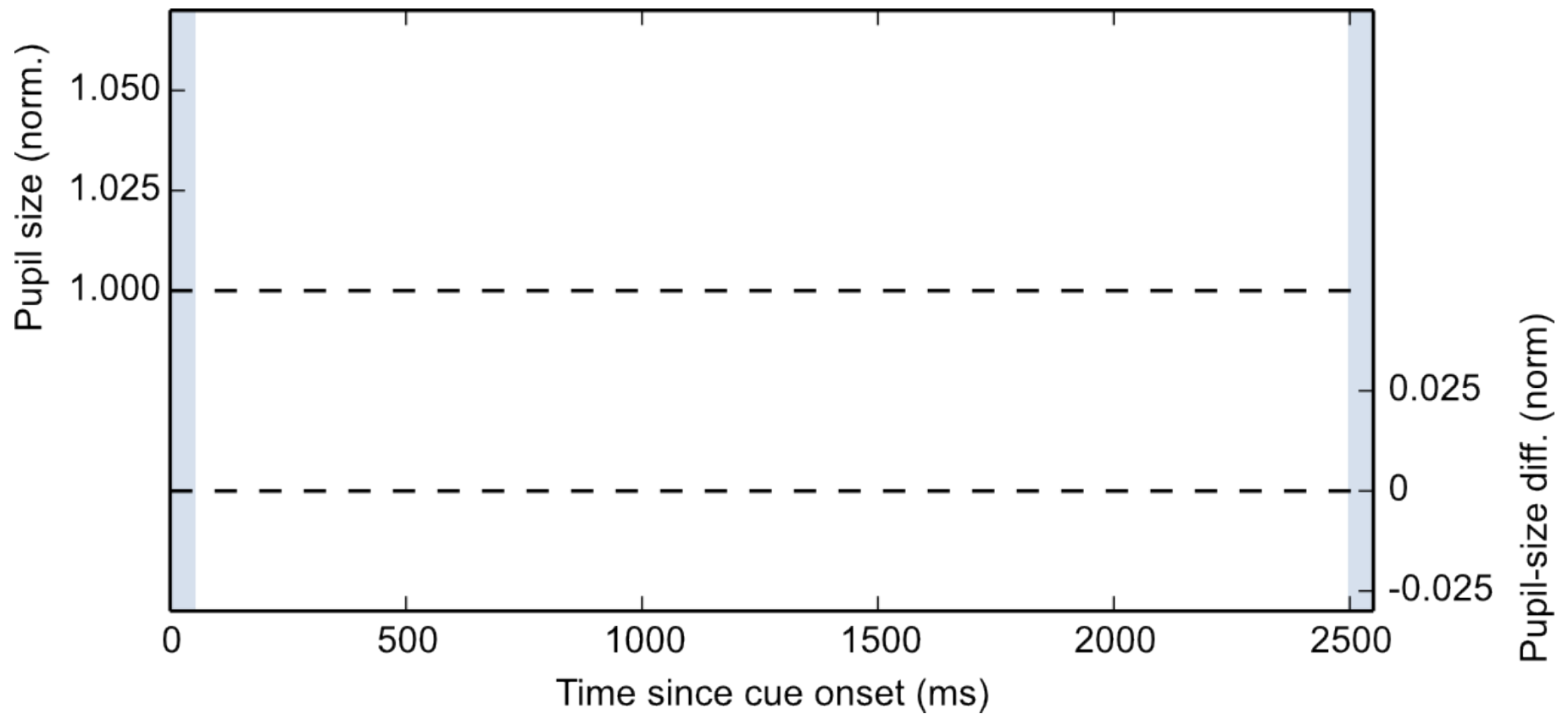
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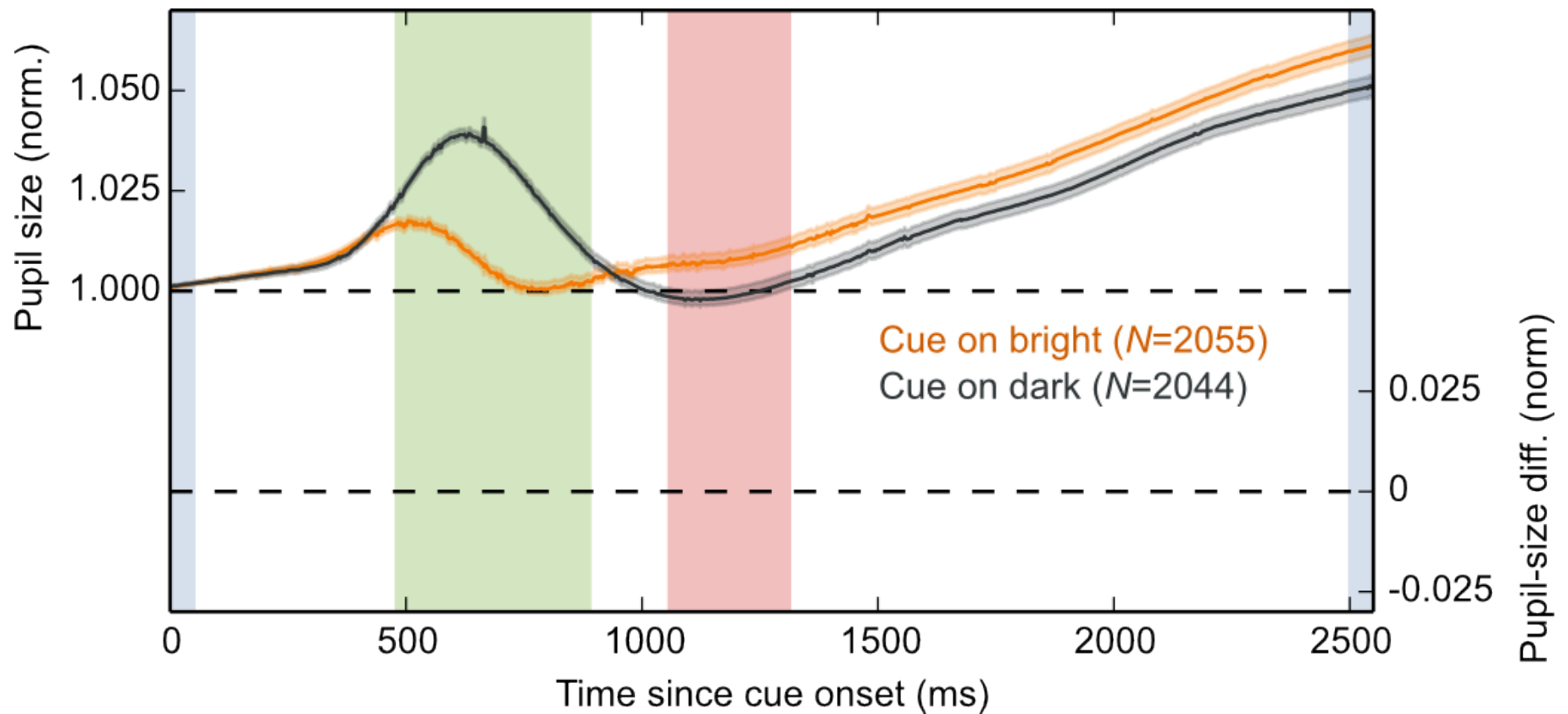
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After
cue

Longer
after
cue

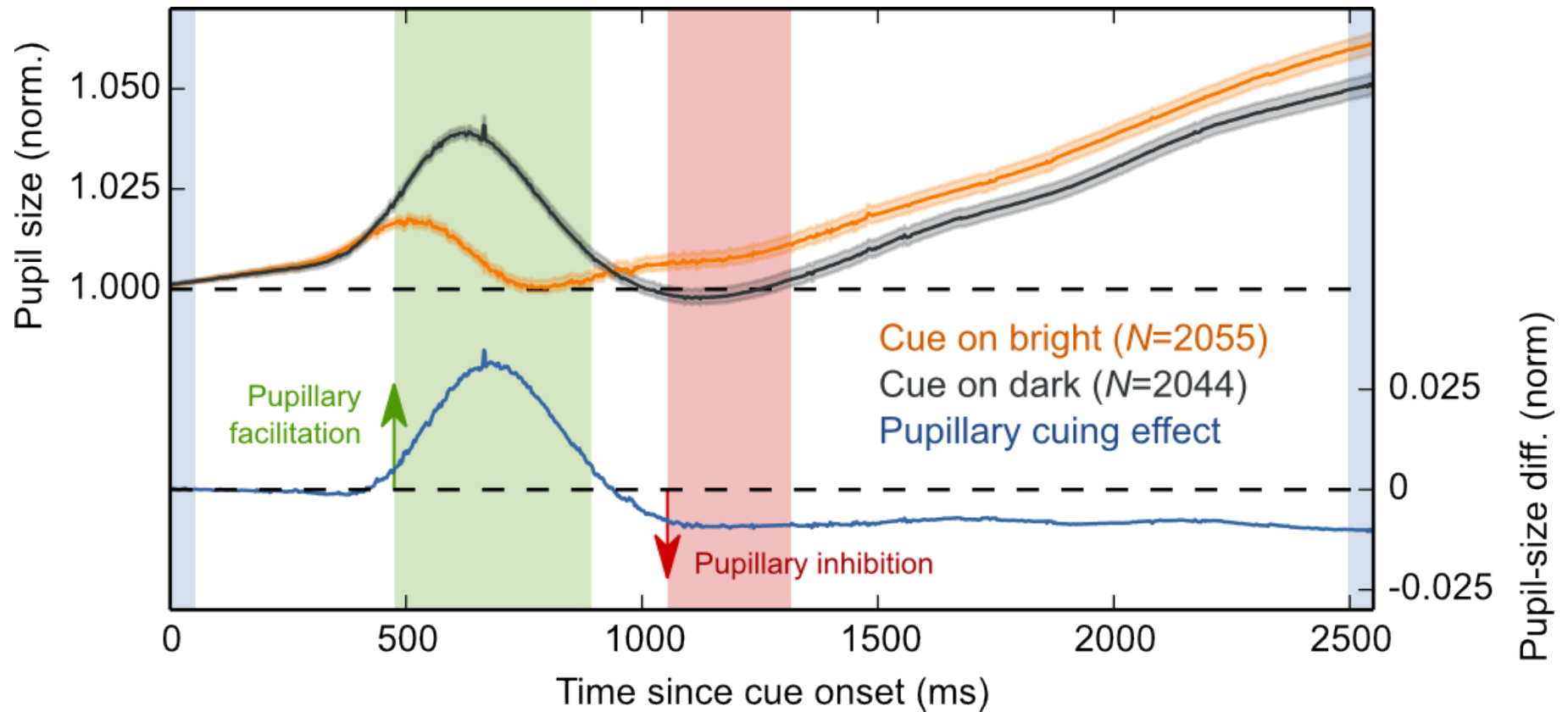
Results



Results



Results





Interim discussion



Interim discussion

- Pupil size reflects reflexive attention



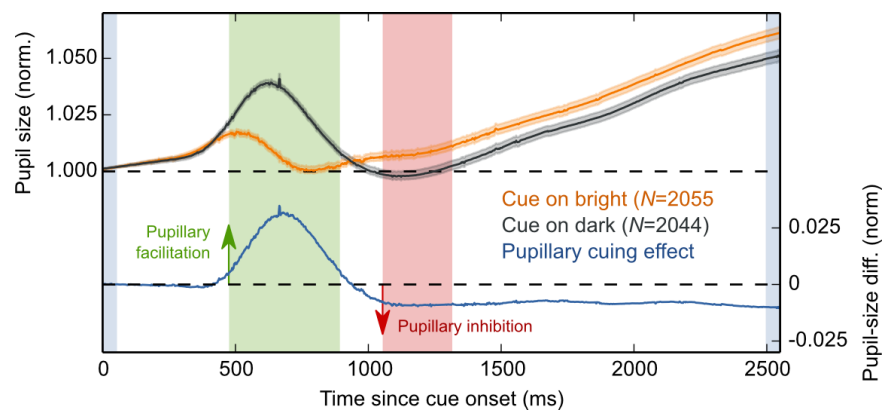
Interim discussion

- Pupil size reflects reflexive attention
... and subsequent inhibition of return

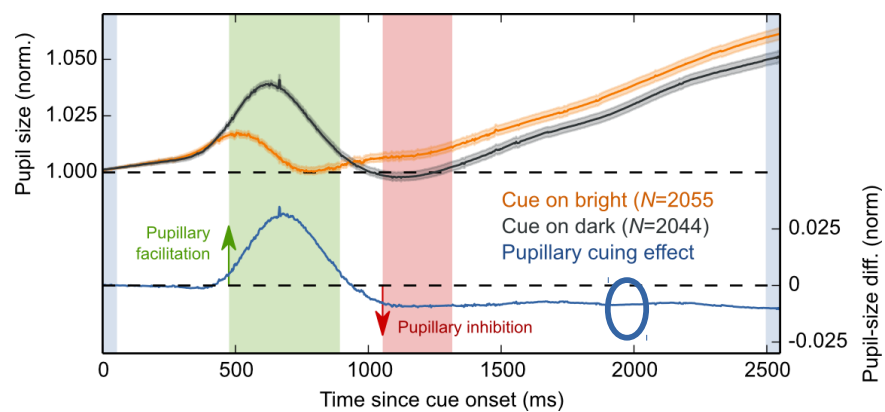
Interim discussion

- Pupil size reflects reflexive attention
... and subsequent inhibition of return
- Can we link this to behavior?
 - Strong behavioral effect → Strong pupillary effect

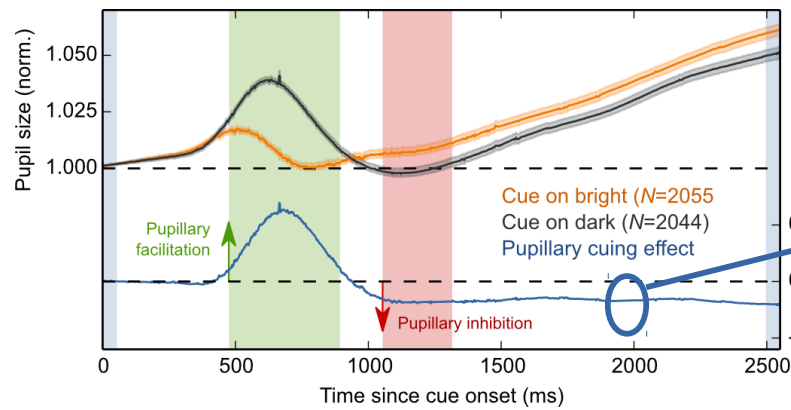
Results



Results

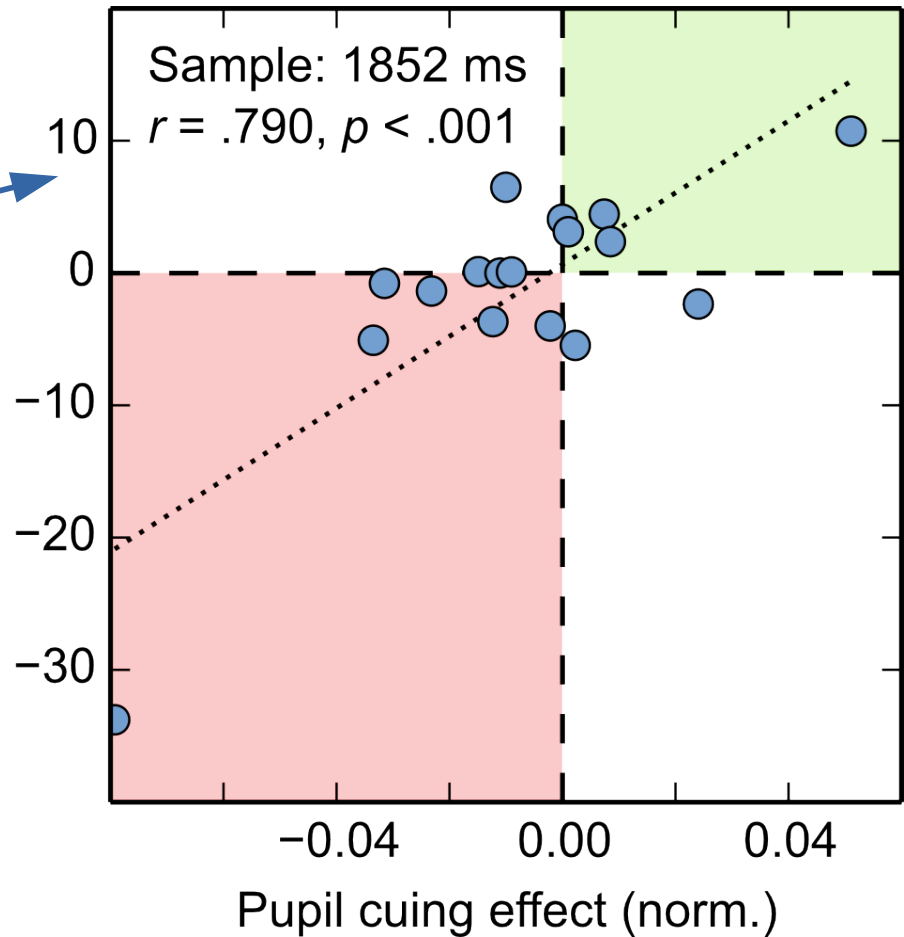


Results



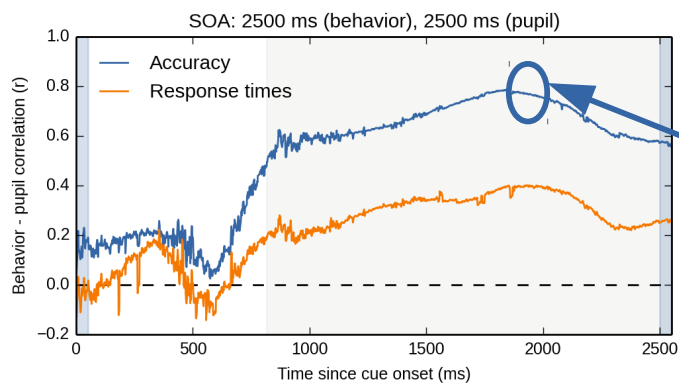
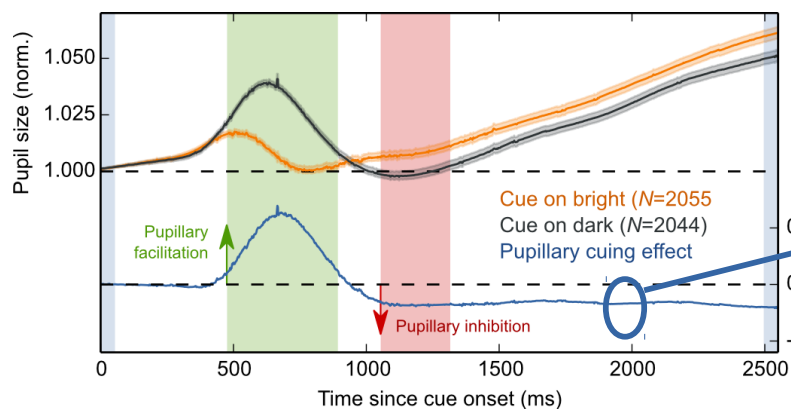
Pupil-size diff. (norm.)

Behav. cuing effect (%)



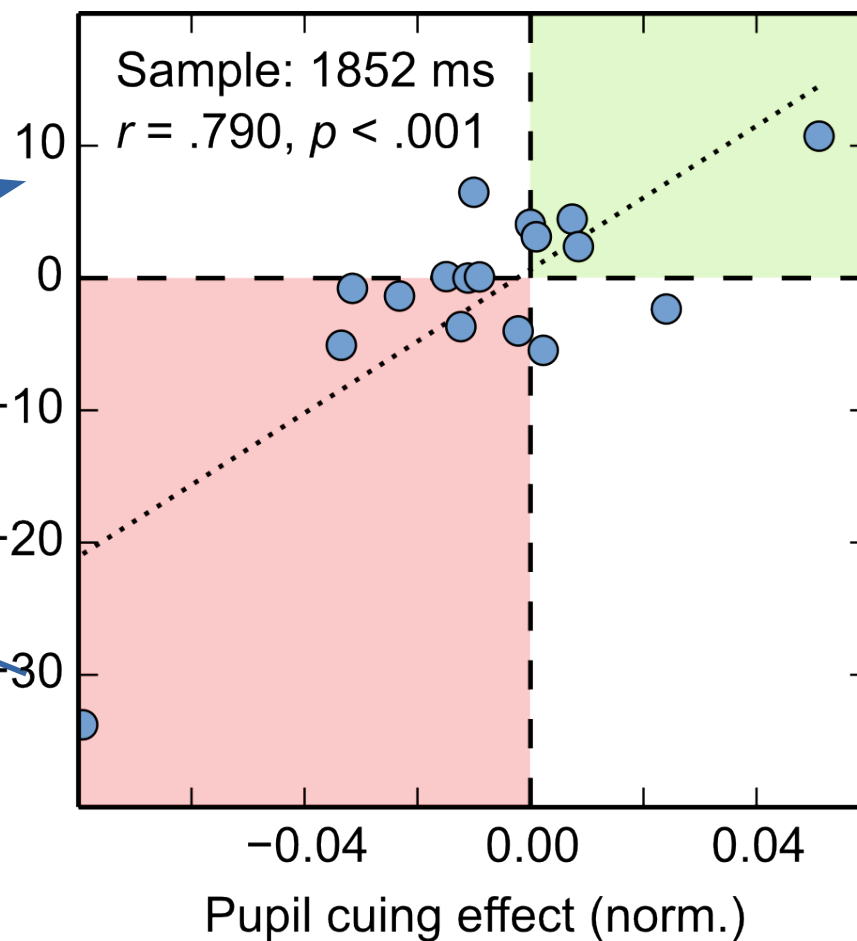


Results

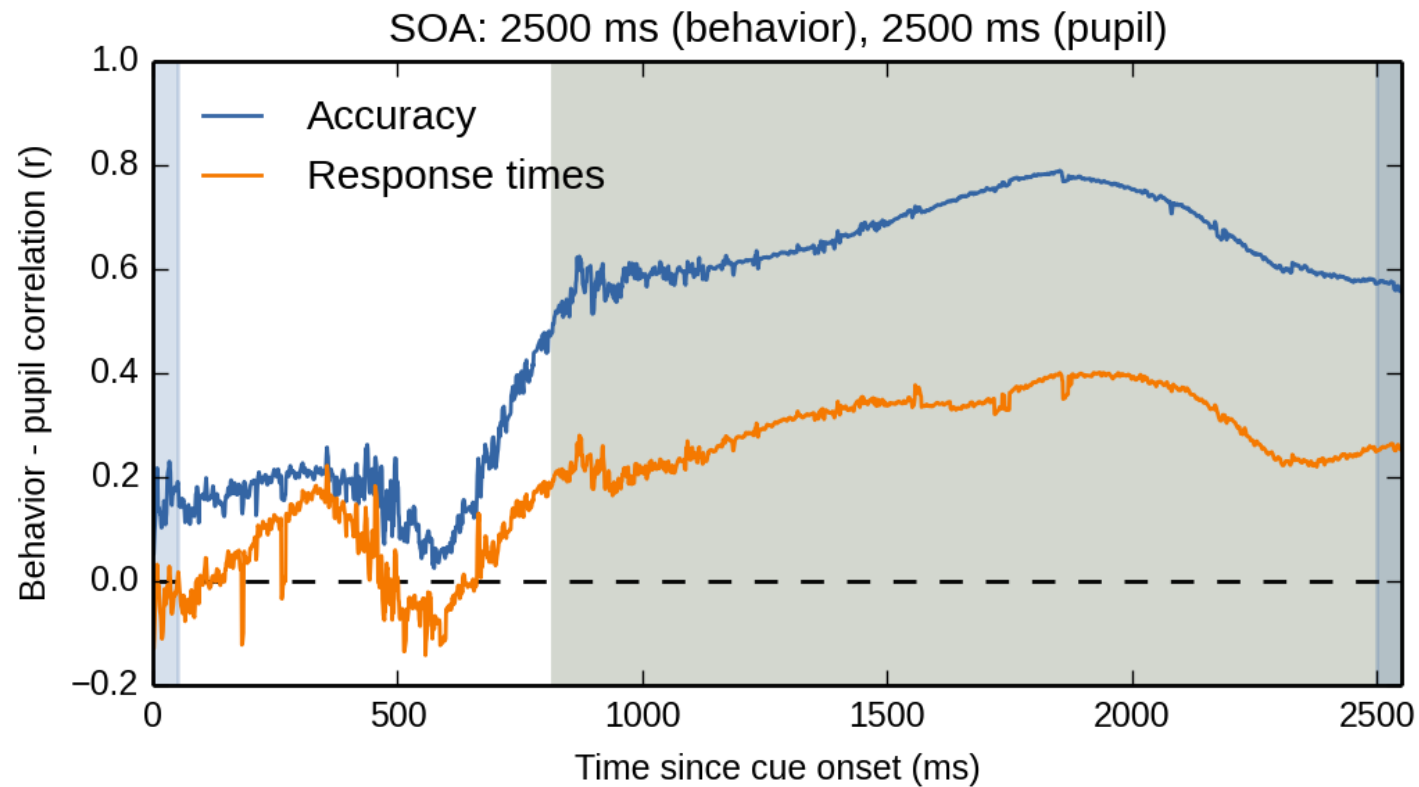


Pupil-size diff. (norm)

Behav. cuing effect (%)



Results





Discussion



Discussion

- Pupil inhibition is related to behavioral inhibition of return

Discussion

- Pupil inhibition is related to behavioral inhibition of return
... suggesting that both reflect the same mechanism

Discussion

- Pupil inhibition is related to behavioral inhibition of return
... suggesting that both reflect the same mechanism
- The pupillary light response is a sensitive measure of visual attention and inhibition

The pupillary light response and visual working memory





Attention and working memory



Attention and working memory

- Attention and working memory are linked



Attention and working memory

- Attention and working memory are linked
 - Things in working memory capture attention[1]



Attention and working memory

- Attention and working memory are linked
 - Things in working memory capture attention[1]
 - Attention disrupts working memory[2]



Attention and working memory

- Attention and working memory are linked
 - Things in working memory capture attention[1]
 - Attention disrupts working memory[2]
- General idea:

Attention and working memory

- Attention and working memory are linked
 - Things in working memory capture attention[1]
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- General idea:
 - The same brain areas are used for:

Attention and working memory

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 - Visual perception

Attention and working memory

- Attention and working memory are linked
 - Things in working memory capture attention[1]
 - Attention disrupts working memory[2]
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 - Visual perception
 - Attention

Attention and working memory

- Attention and working memory are linked
 - Things in working memory capture attention[1]
 - Attention disrupts working memory[2]
- General idea:
 - The same brain areas are used for:
 - Visual perception
 - Attention
 - Working memory

Attention and working memory

- Attention and working memory are linked
 - Things in working memory capture attention[1]
 - Attention disrupts working memory[2]
- General idea:
 - The same brain areas are used for:
 - Visual perception
 - Attention
 - Working memory
 - “Emergent properties”[3]



Attention and working memory

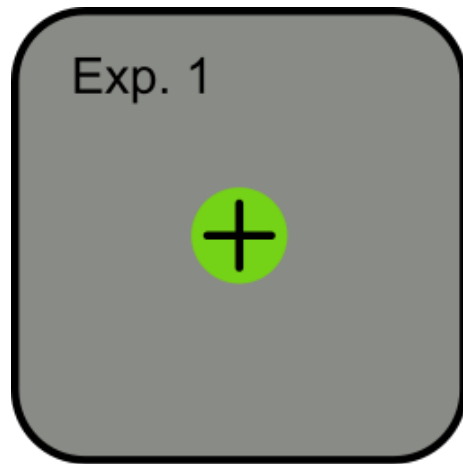
Attention and working memory

- Can we use the pupillary light response to track attention during a working memory task?

Attention and working memory

- Can we use the pupillary light response to track attention during a working memory task?
- Is there a difference between encoding (\approx attention) and maintenance of working memory?

Paradigm



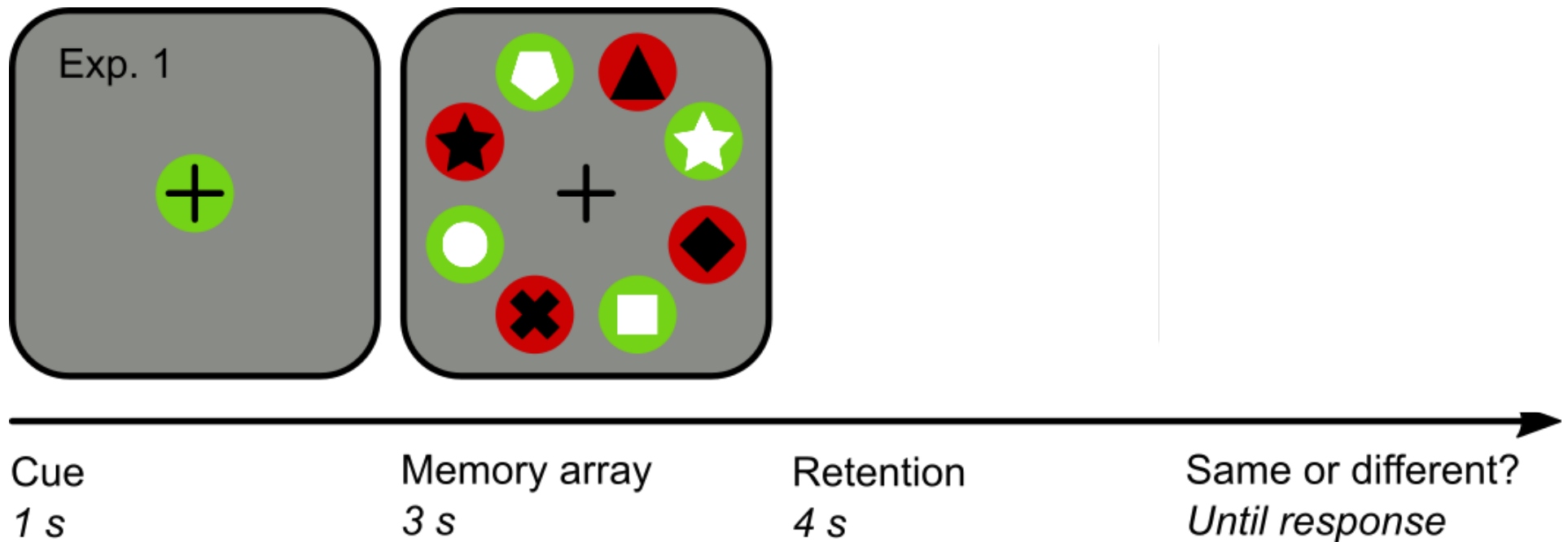
Cue
1 s

Memory array
3 s

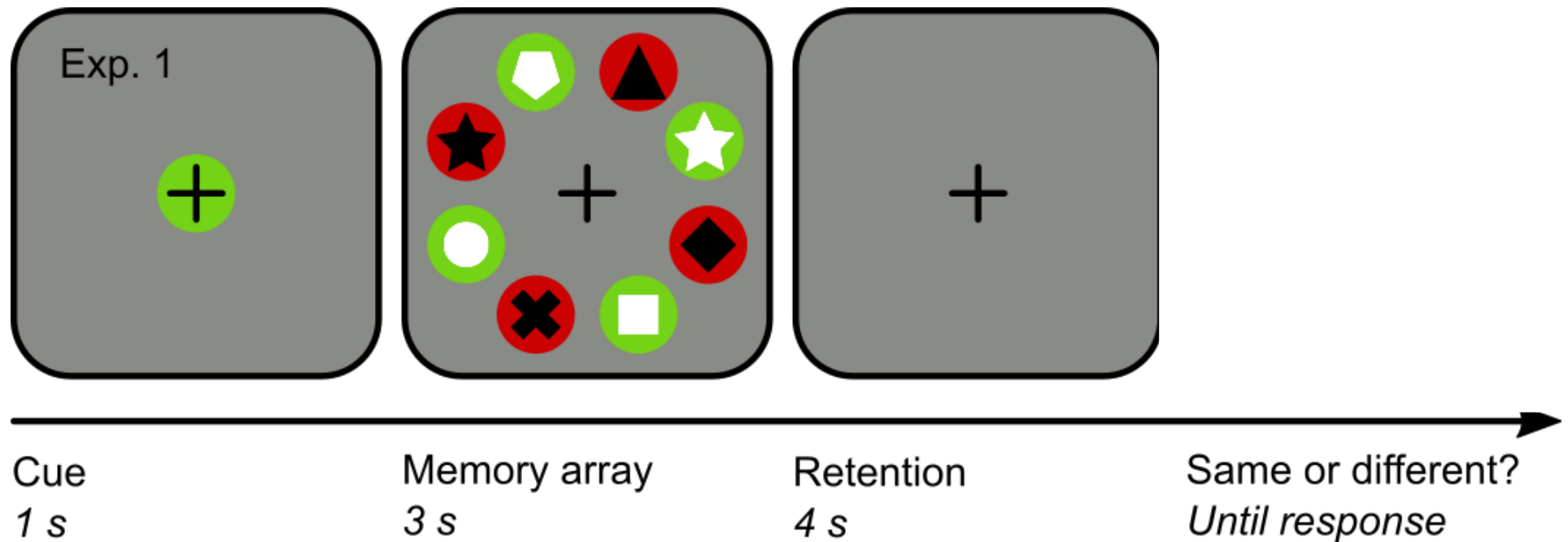
Retention
4 s

Same or different?
Until response

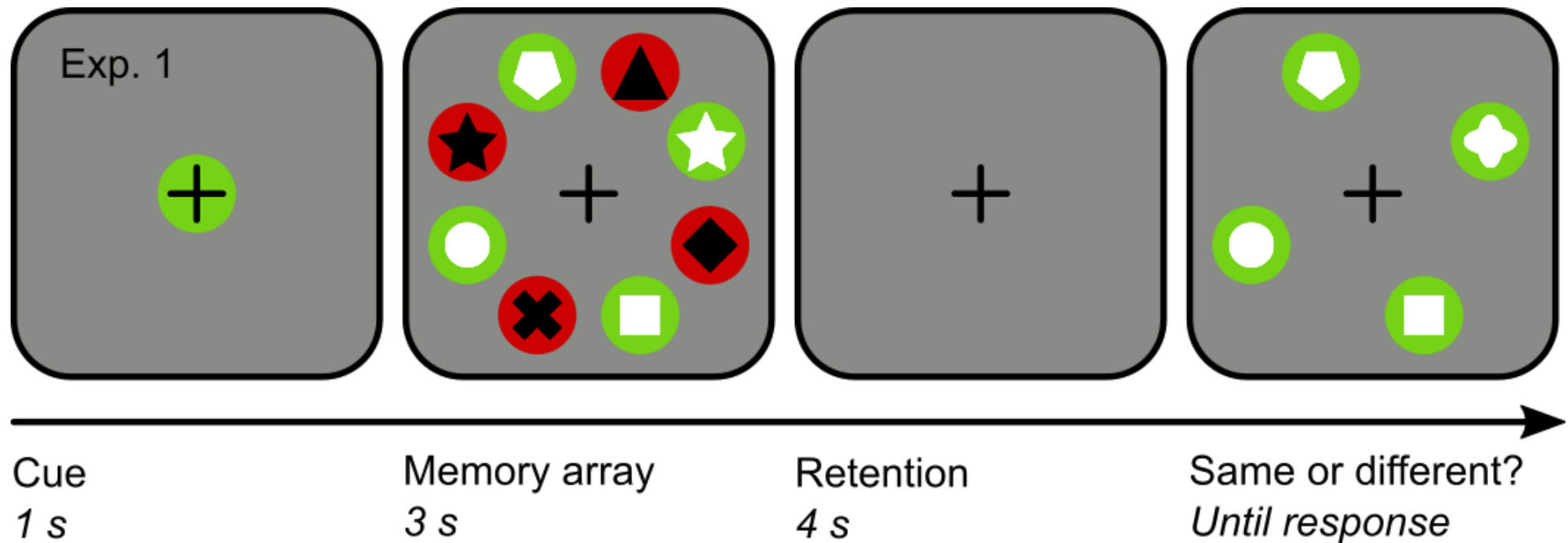
Paradigm



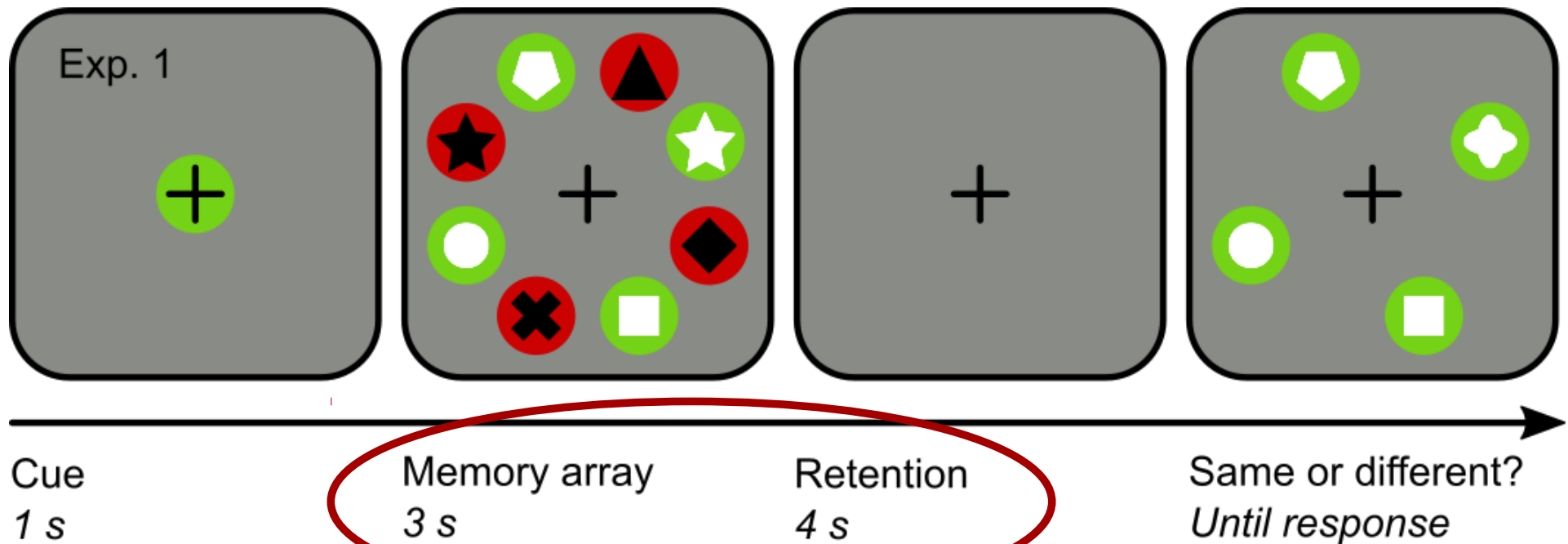
Paradigm



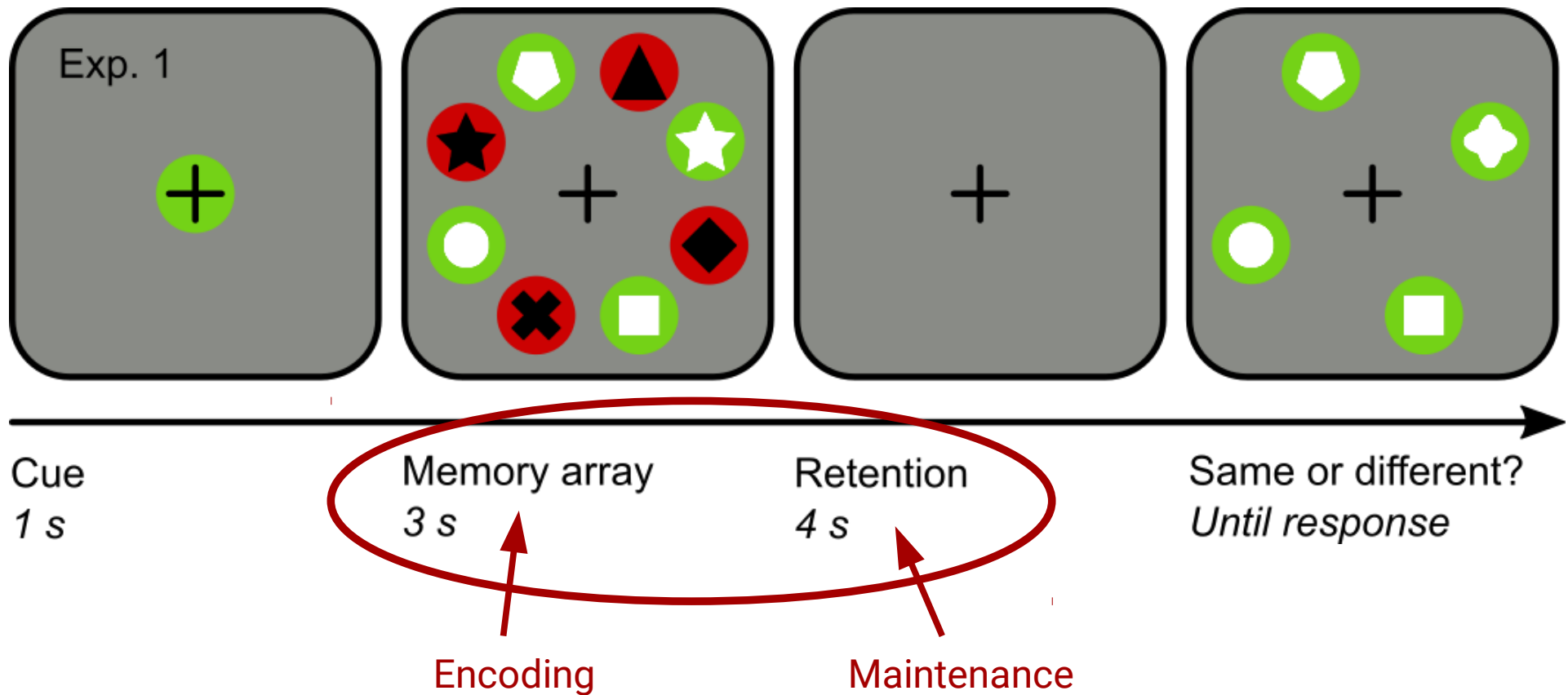
Paradigm



Paradigm

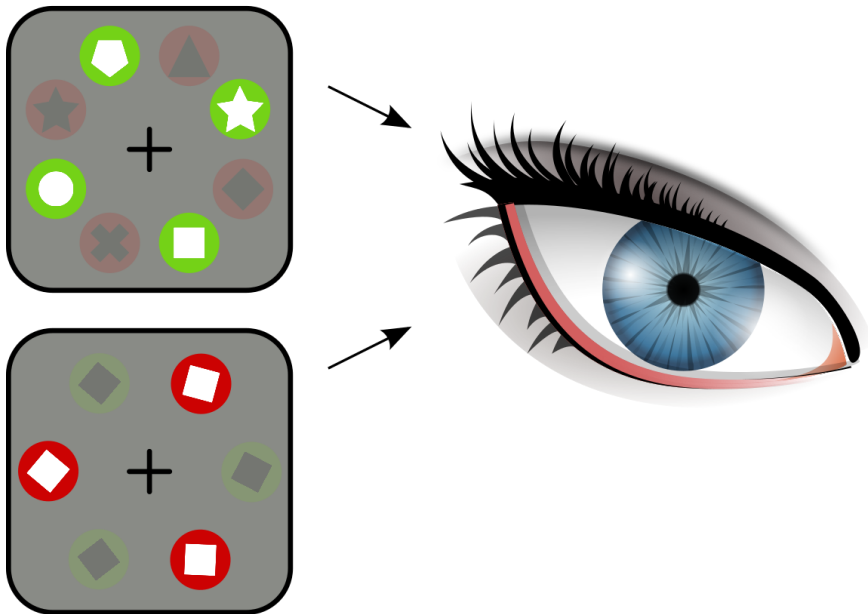


Paradigm



Prediction

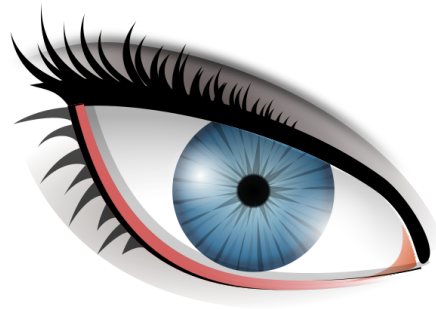
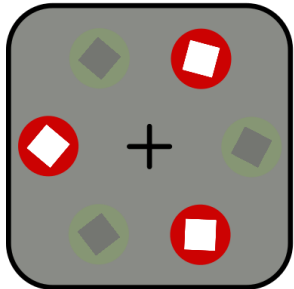
Memorize bright Small pupil



Prediction

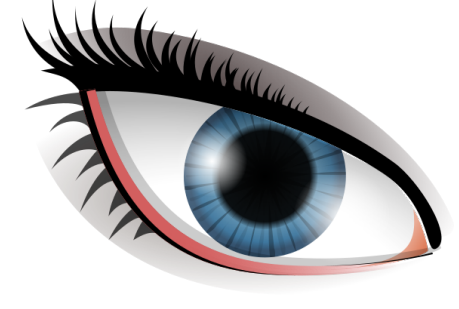
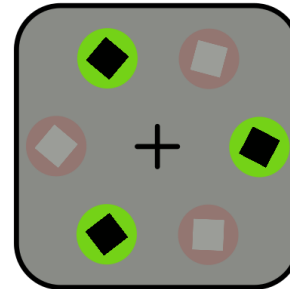
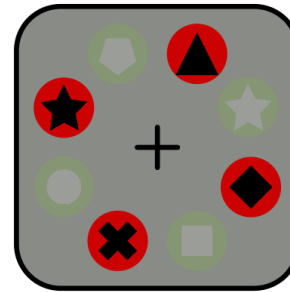
Memorize bright

Small pupil

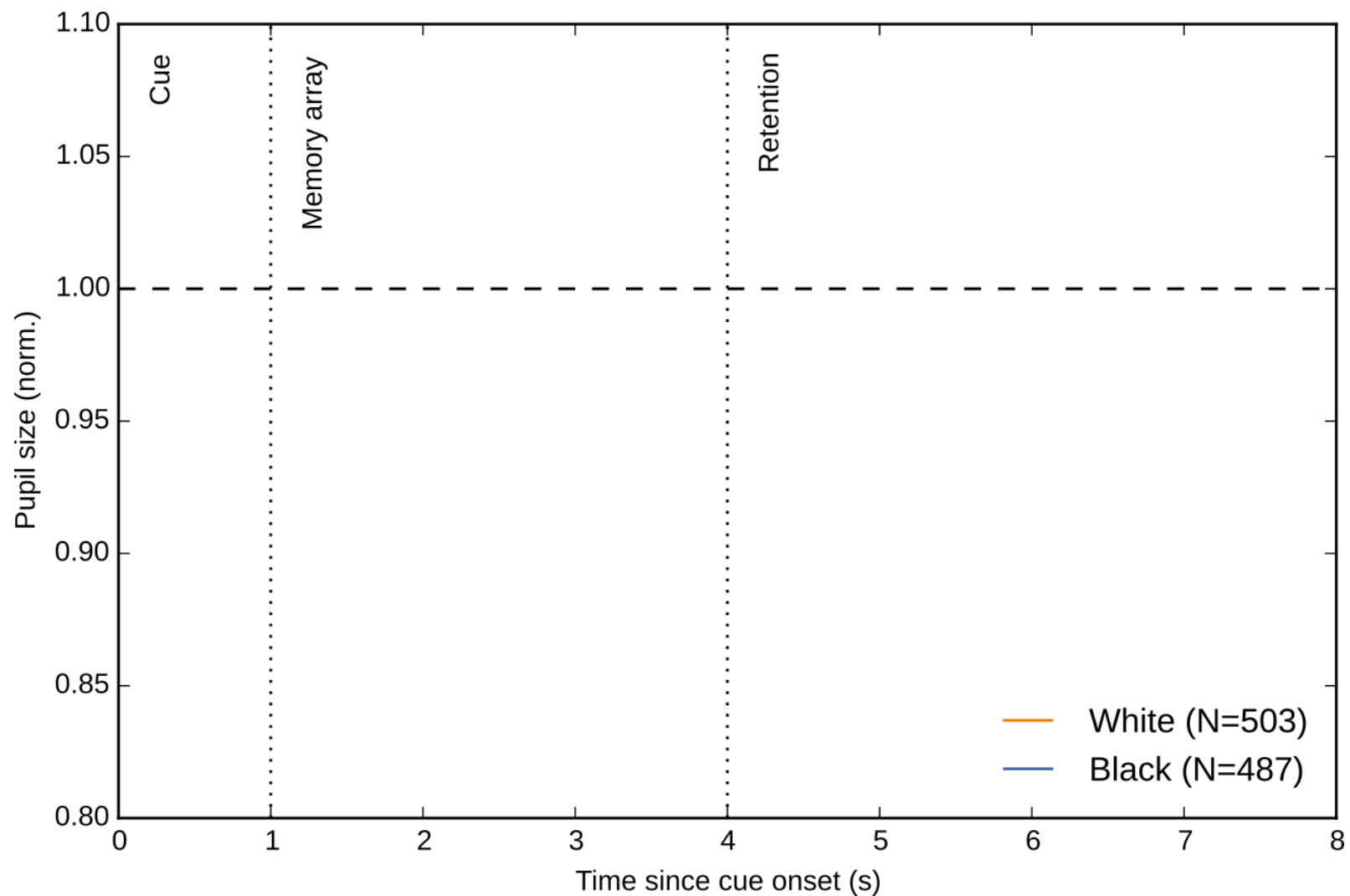


Memorize dark

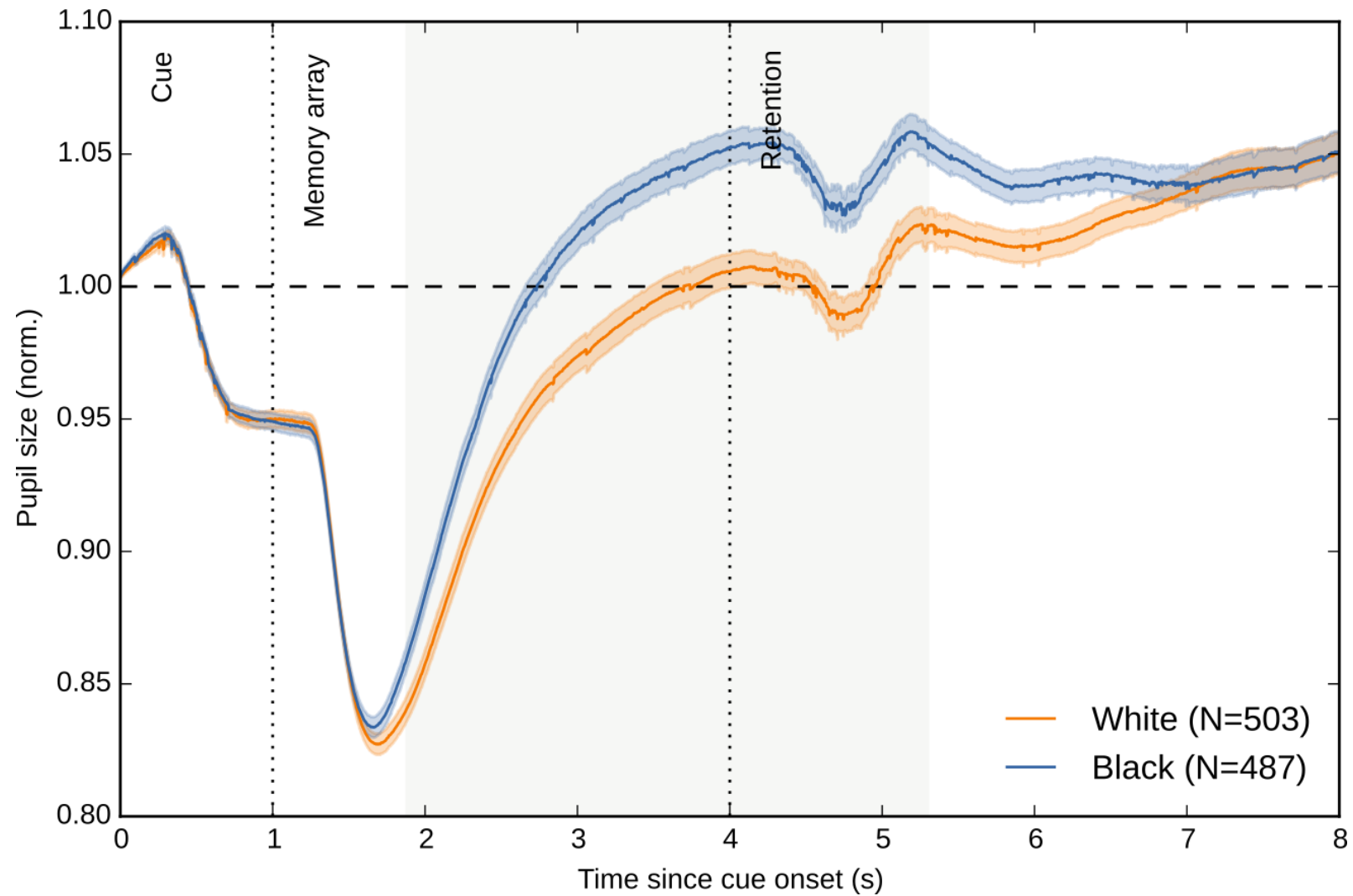
Large pupil



Results



Results





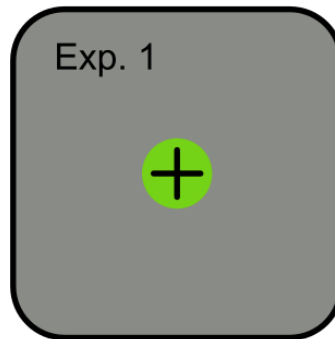
But first ...

... Let's compare this to an attention-only condition

Paradigm

Working-memory condition

What you just saw →



Cue
1 s

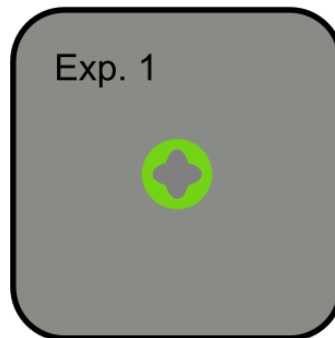
Memory array
3 s

Retention
4 s

Same or different?
Until response

Attention condition

To see the effect of
attention alone →



Target
1 s

Search array
3 s

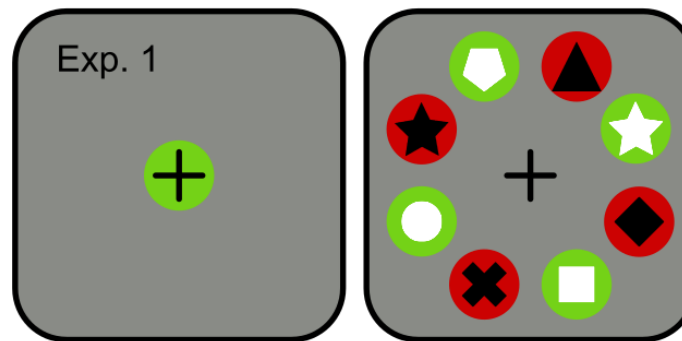
Pause
4 s

Target present?
Until response

Paradigm

Working-memory condition

What you just saw →



Cue
1 s

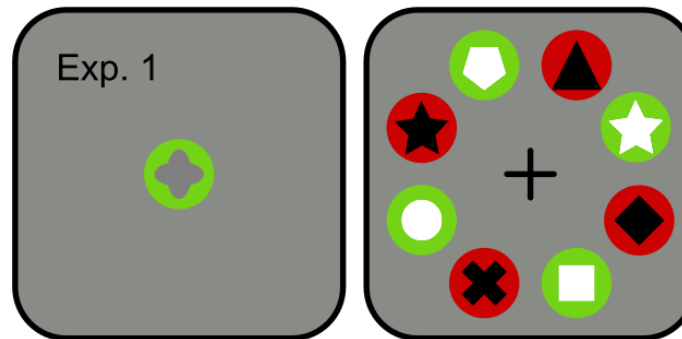
Memory array
3 s

Retention
4 s

Same or different?
Until response

Attention condition

To see the effect of
attention alone →



Target
1 s

Search array
3 s

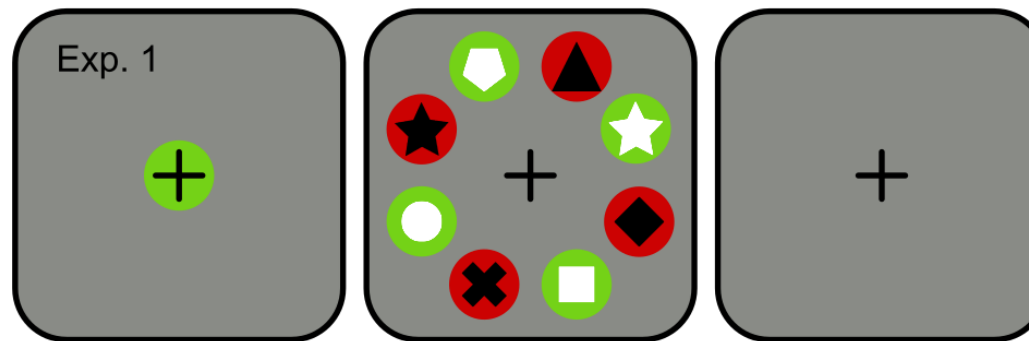
Pause
4 s

Target present?
Until response

Paradigm

Working-memory condition

What you just saw →



Cue
1 s

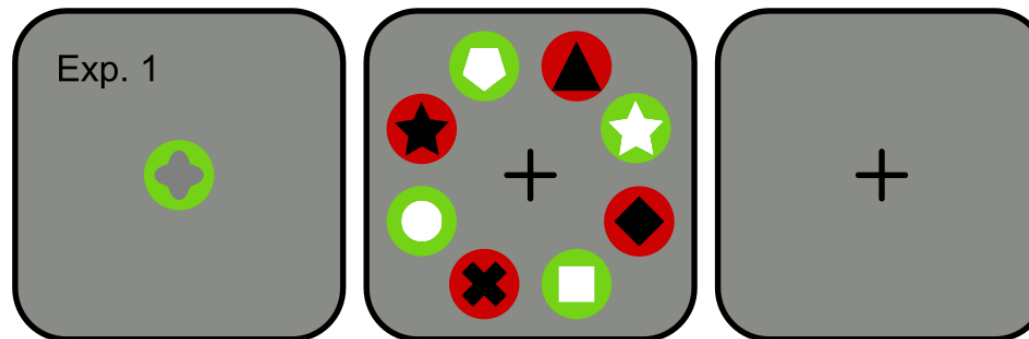
Memory array
3 s

Retention
4 s

Same or different?
Until response

Attention condition

To see the effect of
attention alone →



Target
1 s

Search array
3 s

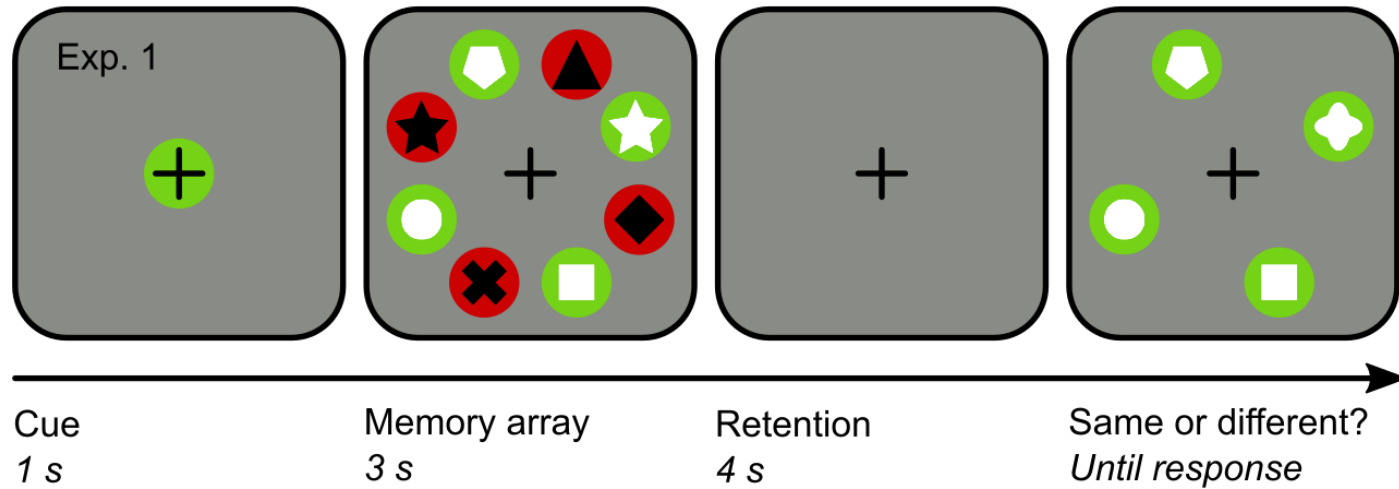
Pause
4 s

Target present?
Until response

Paradigm

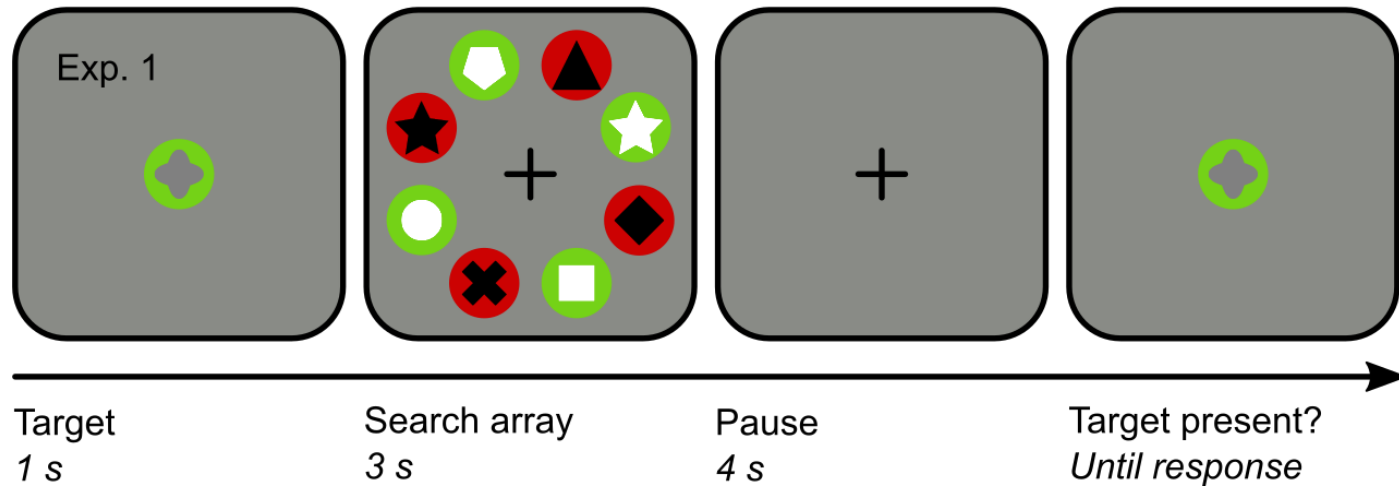
Working-memory condition

What you just saw →



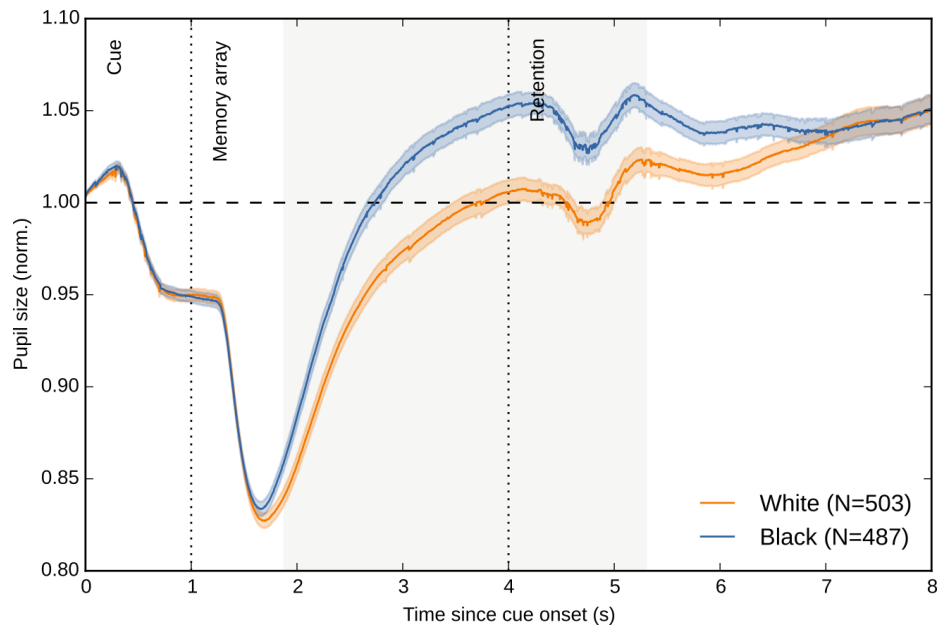
Attention condition

To see the effect of
attention alone →



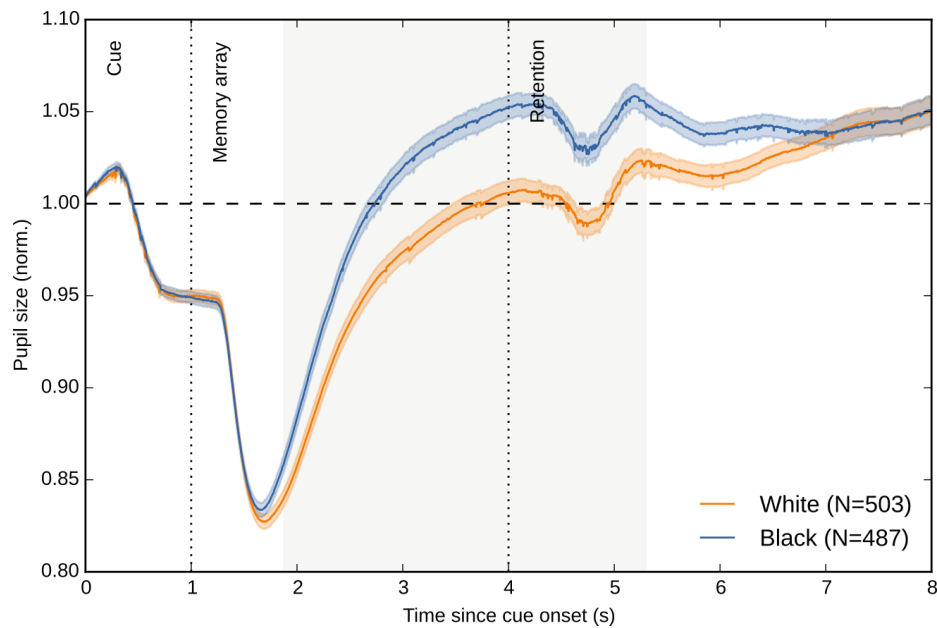
Results

The results that you just saw
(working-memory task)

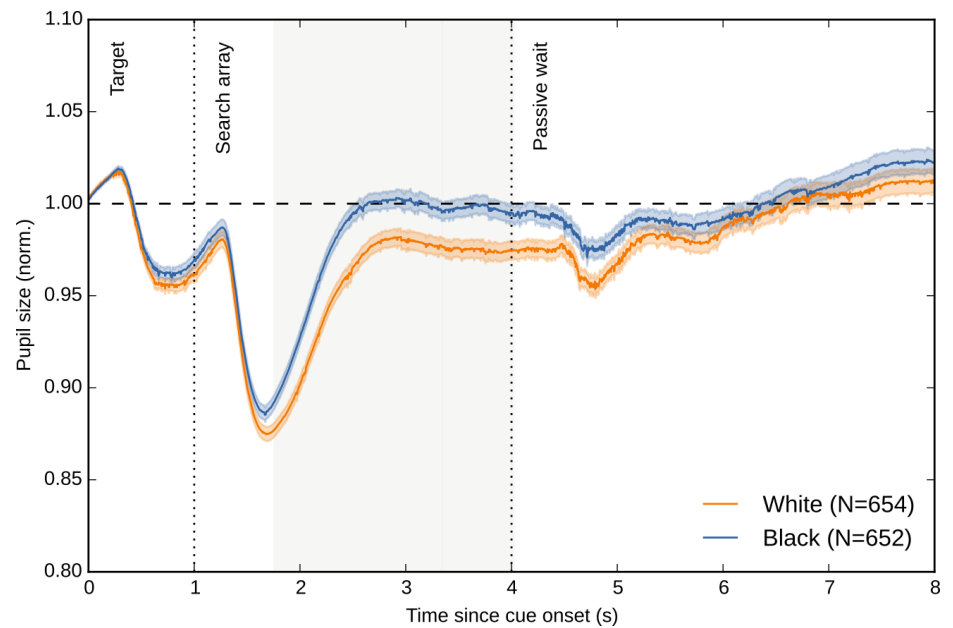


Results

The results that you just saw
(working-memory task)



The effect of attention alone





Results

- The pupillary light response reflects



Results

- The pupillary light response reflects
 - Encoding of working memory (\approx attention)



Results

- The pupillary light response reflects
 - Encoding of working memory (\approx attention)
 - But not maintenance of working memory

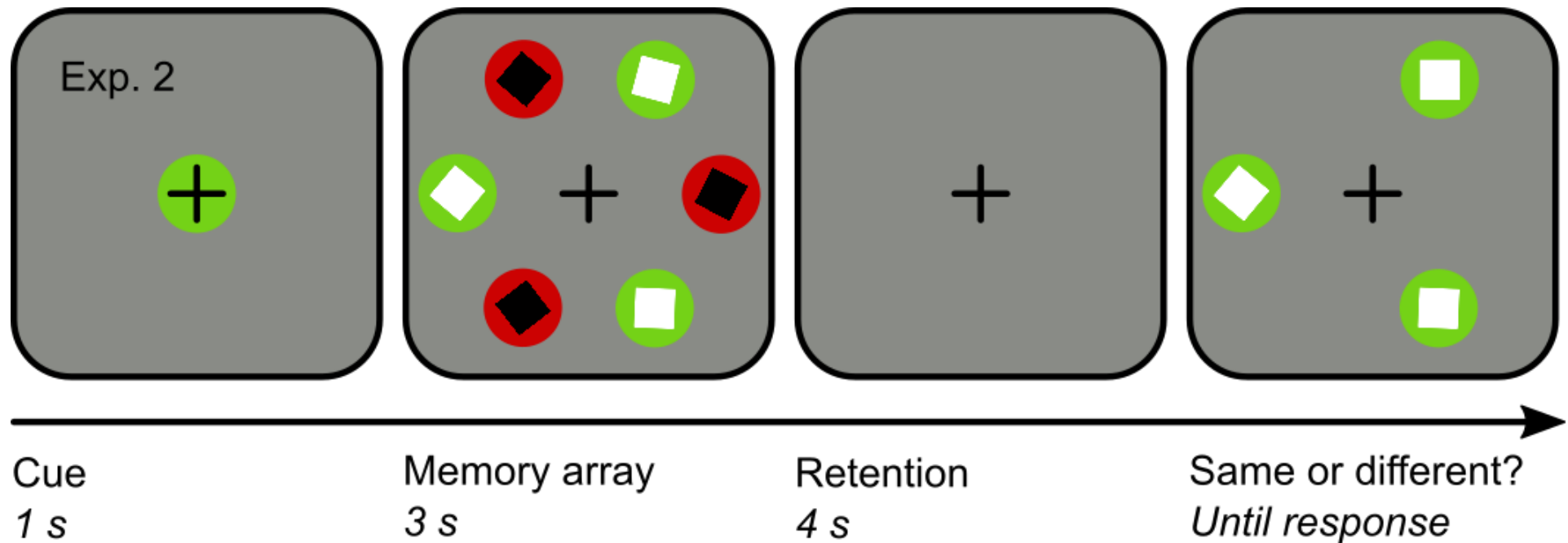
Results

- The pupillary light response reflects
 - Encoding of working memory (\approx attention)
 - But not maintenance of working memory
- Perhaps

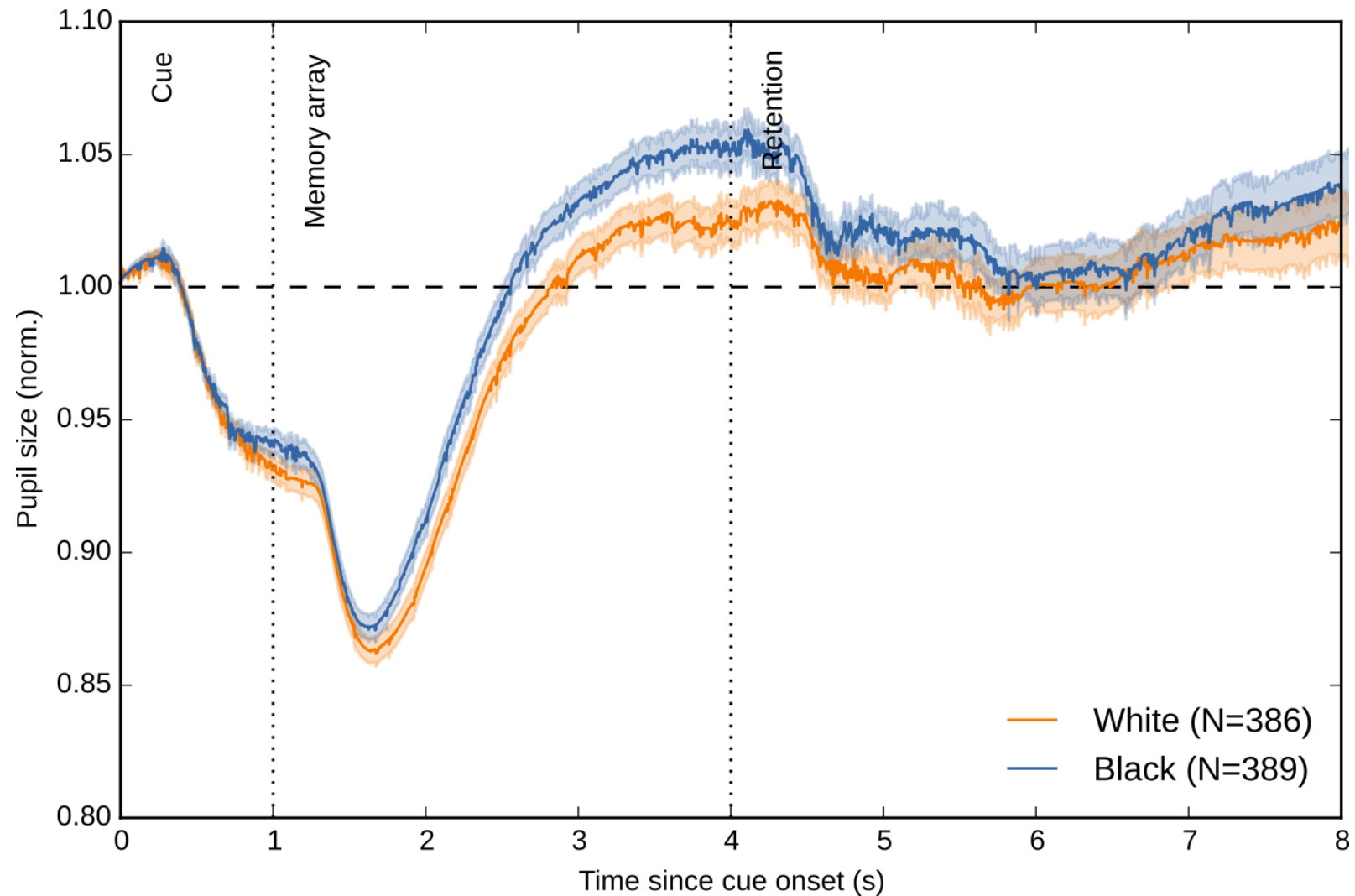
Results

- The pupillary light response reflects
 - Encoding of working memory (\approx attention)
 - But not maintenance of working memory
- Perhaps
 - Participants verbalized the stimuli?

Paradigm



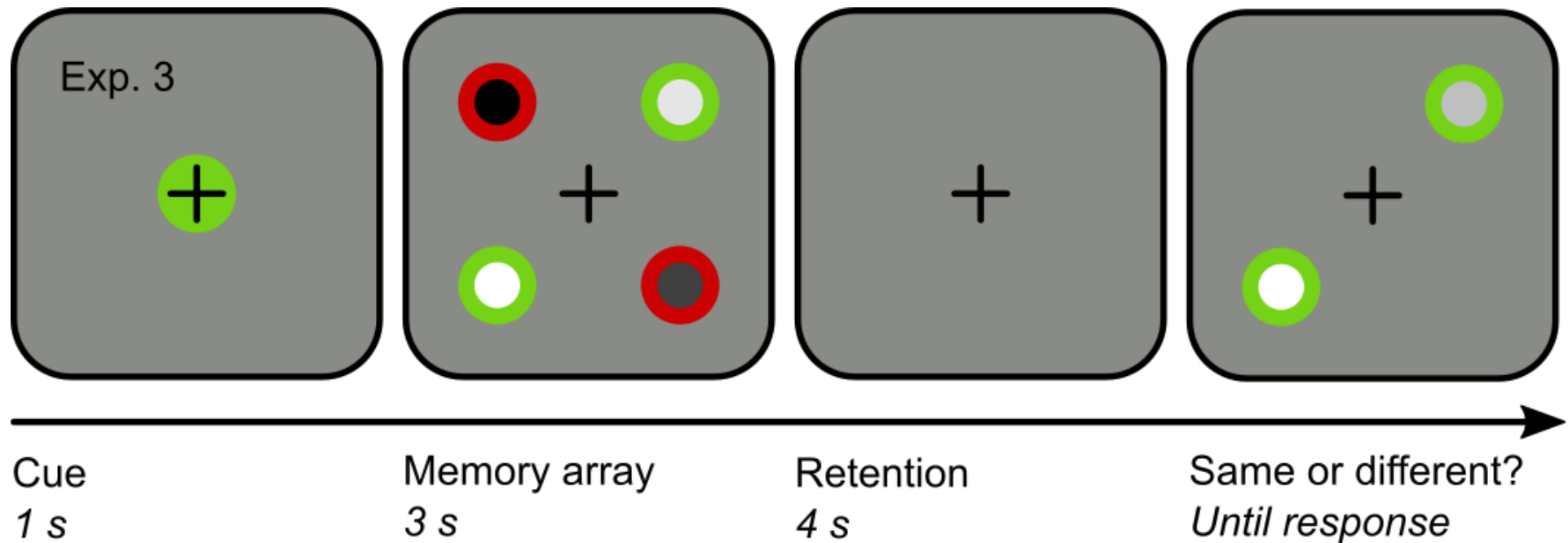
Results



Results

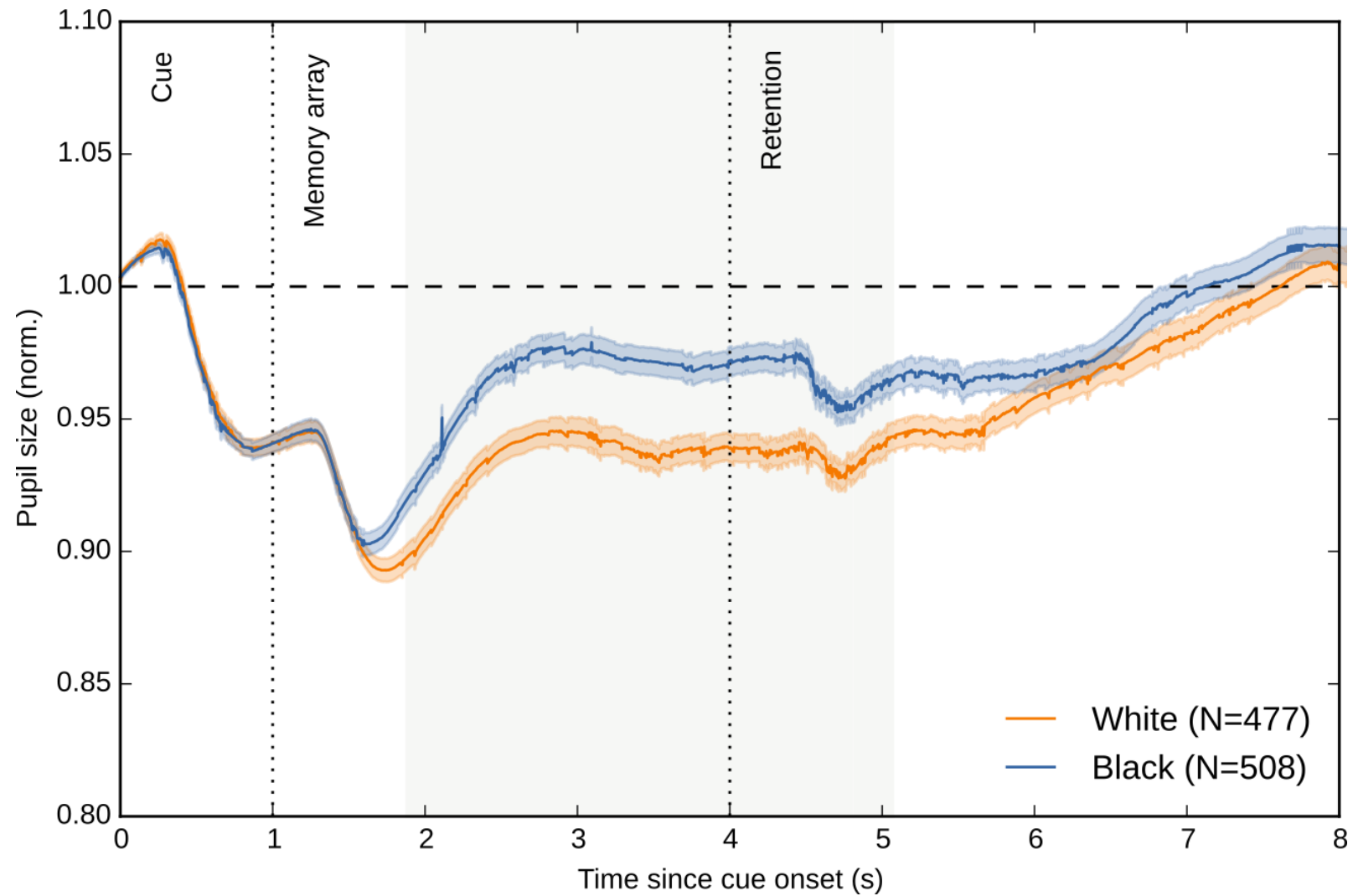
- The pupillary light response reflects
 - Encoding of working memory (\approx attention)
 - But not maintenance of working memory
- Perhaps
 - ~~Participants verbalized the stimuli?~~
 - Only task-relevant features were encoded?

Paradigm





Results





Discussion

- The pupillary light response reflects



Discussion

- The pupillary light response reflects
 - Encoding of working memory (\approx attention)



Discussion

- The pupillary light response reflects
 - Encoding of working memory (\approx attention)
 - But not maintenance of working memory

Discussion

- The pupillary light response reflects
 - Encoding of working memory (\approx attention)
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Discussion

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 - Encoding of working memory (\approx attention)
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 - ~~Participants verbalized the stimuli?~~

Discussion

- The pupillary light response reflects
 - Encoding of working memory (\approx attention)
 - But not maintenance of working memory
- Perhaps
 - ~~Participants verbalized the stimuli?~~
 - ~~Only task-relevant features were encoded?~~

Discussion

- The pupillary light response reflects
 - Encoding of working memory (\approx attention)
 - But not maintenance of working memory
- Perhaps
 - ~~Participants verbalized the stimuli?~~
 - ~~Only task-relevant features were encoded?~~
 - Working-memory maintenance and attention are qualitatively different?

Discussion

- The pupillary light response reflects
 - Encoding of working memory (\approx attention)
 - But not maintenance of working memory
- Perhaps
 - ~~Participants verbalized the stimuli?~~
 - ~~Only task-relevant features were encoded?~~
 - Working-memory maintenance and attention are qualitatively different?
 - An “accessory” memory state that does not interact with perception[1]

The pupillary light response and word comprehension





Embodied language

- When you read a word, you automatically[\[1\]](#)



Embodied language

- When you read a word, you automatically^[1]
 - Activate associated actions



Embodied language

- When you read a word, you automatically^[1]
 - Activate associated actions
 - Simulate associated sensory input



Embodied language

- When you read a word, you automatically^[1]
 - Activate associated actions
 - Simulate associated sensory input
- Are these internally generated representations

Embodied language

- When you read a word, you automatically^[1]
 - Activate associated actions
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- Are these internally generated representations
 - Abstract?

Embodied language

- When you read a word, you automatically^[1]
 - Activate associated actions
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 - Not involving early sensory and motor cortex

Embodied language

- When you read a word, you automatically^[1]
 - Activate associated actions
 - Simulate associated sensory input
- Are these internally generated representations
 - Abstract?
 - Not involving early sensory and motor cortex
 - Or concrete?

Embodied language

- When you read a word, you automatically^[1]
 - Activate associated actions
 - Simulate associated sensory input
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 - Abstract?
 - Not involving early sensory and motor cortex
 - Or concrete?
 - Involving early sensory and motor cortex

Embodied language

- When you read a word, you automatically^[1]
 - Activate associated actions
 - Simulate associated sensory input
- Are these internally generated representations
 - Abstract?
 - Not involving early sensory and motor cortex
 - Or concrete?
 - Involving early sensory and motor cortex
- Can we test this using the pupillary light response?

[1] Reviewed in Glenberg & Gallese (2012)



Methods



Methods

- Single word shown for 3 s



Methods

- Single word shown for 3 s
 - Brightness-conveying, darkness-conveying, neutral, and animal names



Methods

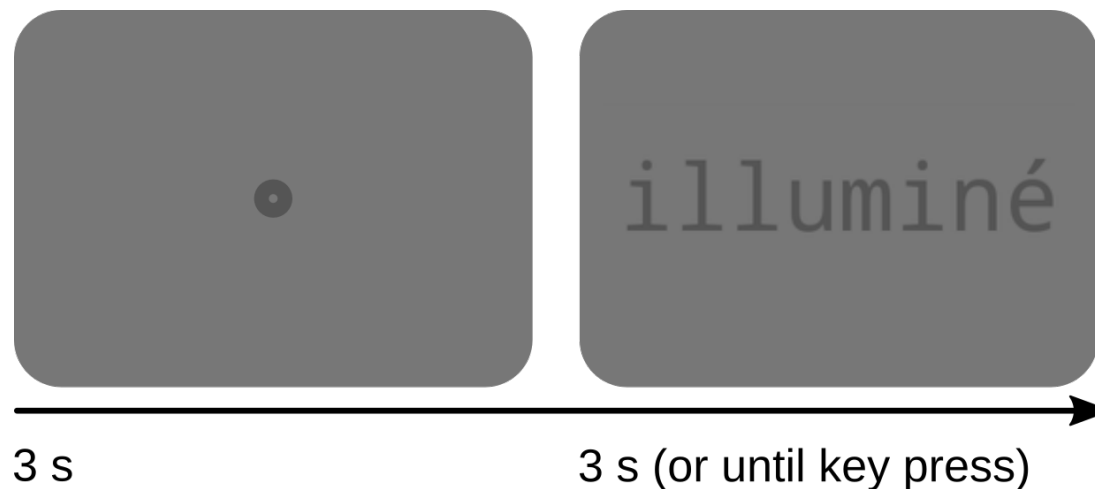
- Single word shown for 3 s
 - Brightness-conveying, darkness-conveying, neutral, and animal names
 - Matched on visual and lexical properties

Methods

- Single word shown for 3 s
 - Brightness-conveying, darkness-conveying, neutral, and animal names
 - Matched on visual and lexical properties
- Press key for animal names

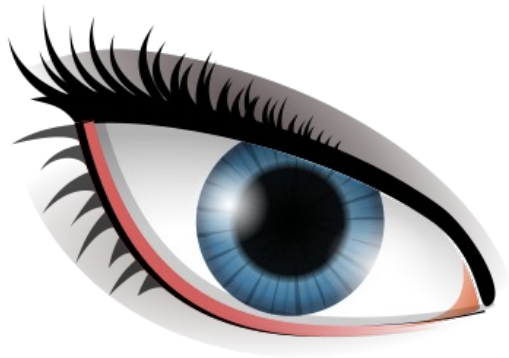
Methods

- Single word shown for 3 s
 - Brightness-conveying, darkness-conveying, neutral, and animal names
 - Matched on visual and lexical properties
- Press key for animal names



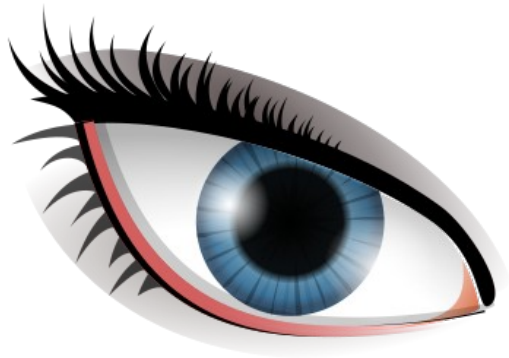
Predictions

Darkness-conveying words

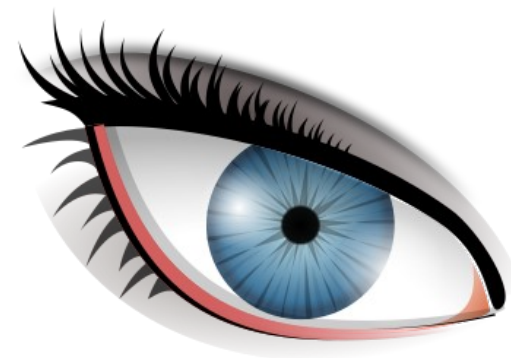


Predictions

Darkness-conveying words

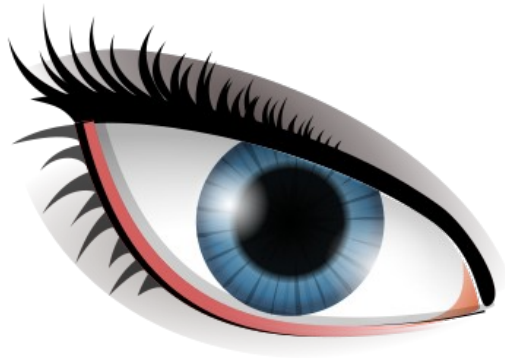


Brightness-conveying words

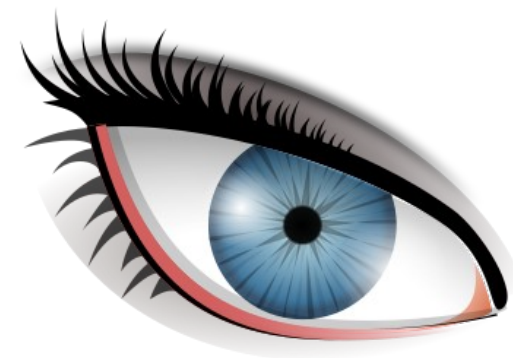


Predictions

Darkness-conveying words

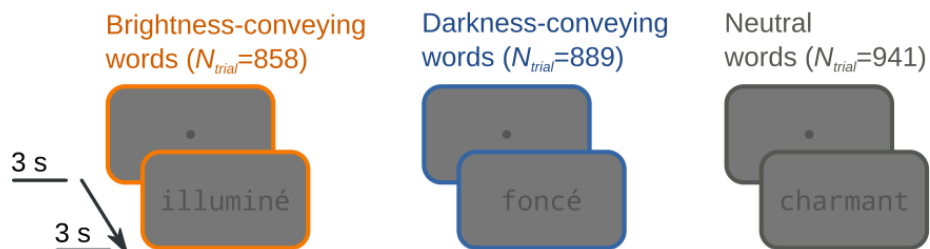
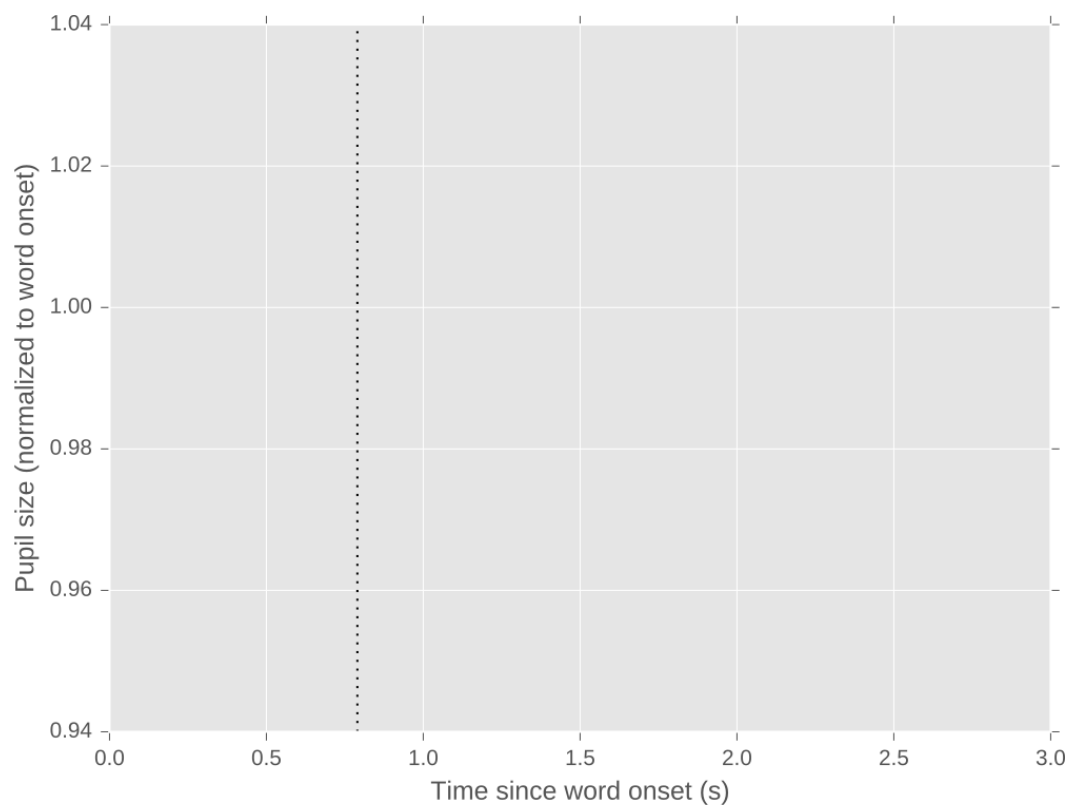


Brightness-conveying words

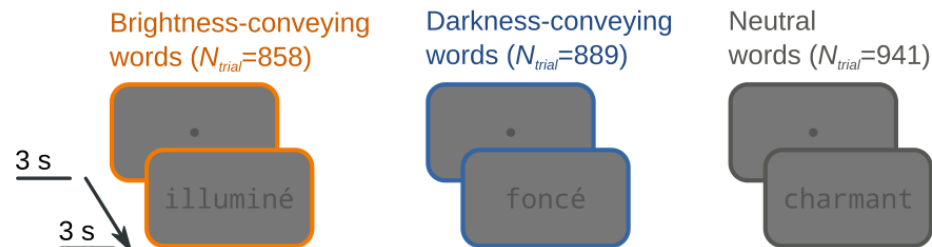
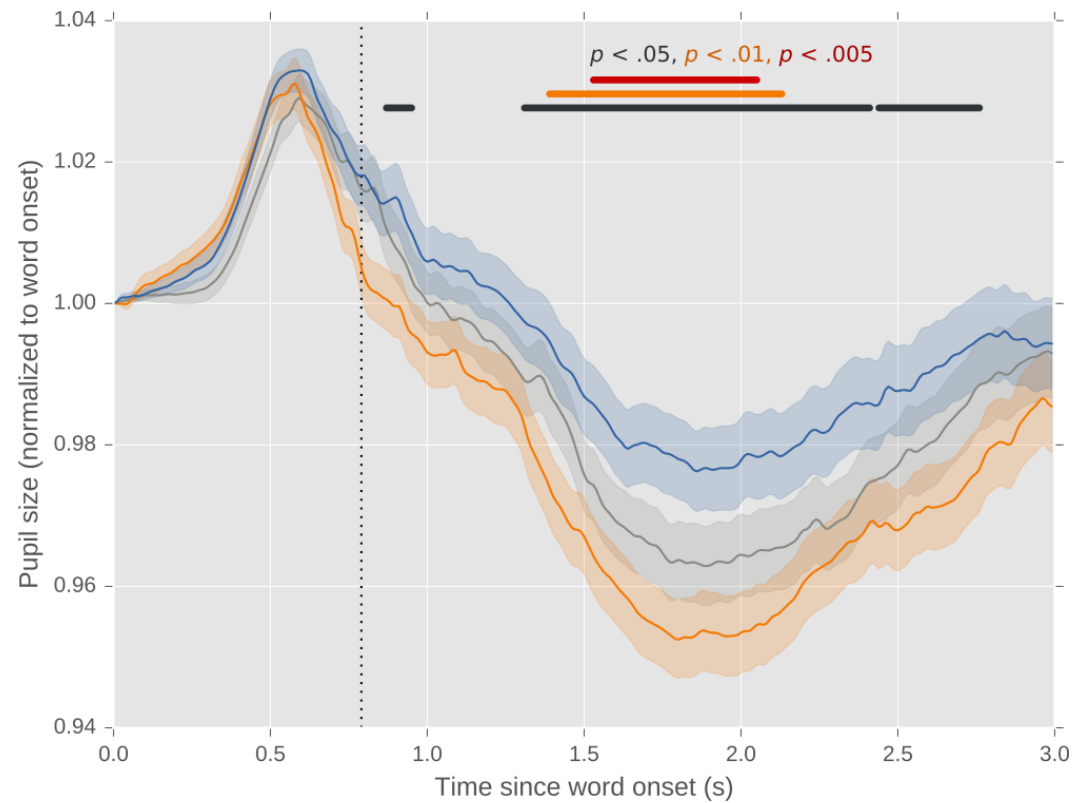




Results



Results





Discussion

- Pupil size reflects semantic brightness



Discussion

- Pupil size reflects semantic brightness
 - Read “sun” → small pupil



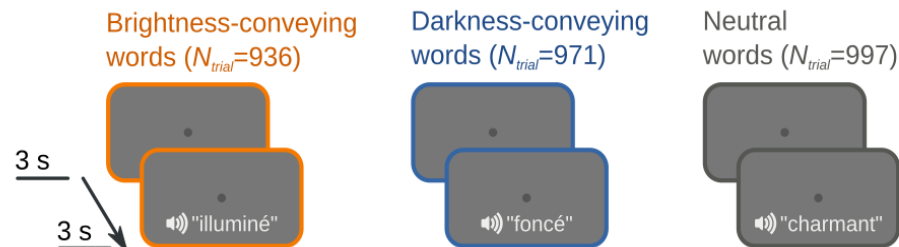
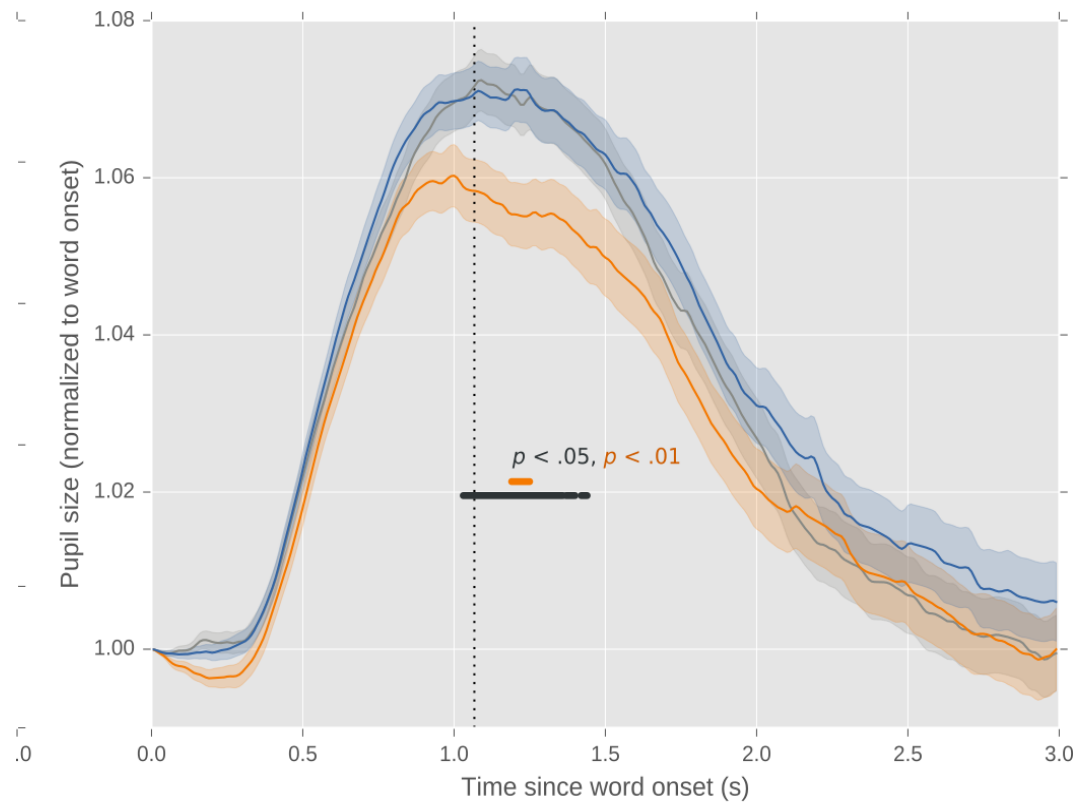
Discussion

- Pupil size reflects semantic brightness
 - Read “sun” → small pupil
 - Read “night” → large pupil

Discussion

- Pupil size reflects semantic brightness
 - Read “sun” → small pupil
 - Read “night” → large pupil
- Does it also work with spoken words?

Results





Discussion



Discussion

- Pupil size reflects semantic brightness



Discussion

- Pupil size reflects semantic brightness
 - Read or hear “sun” → small pupil

Discussion

- Pupil size reflects semantic brightness
 - Read or hear “sun” → small pupil
 - Read or hear “night” → large pupil

Discussion

- Pupil size reflects semantic brightness
 - Read or hear “sun” → small pupil
 - Read or hear “night” → large pupil
- Word comprehension activates sensory representations (at least sometimes):

Discussion

- Pupil size reflects semantic brightness
 - Read or hear “sun” → small pupil
 - Read or hear “night” → large pupil
- Word comprehension activates sensory representations (at least sometimes):
 - And these affect pupil size

Discussion

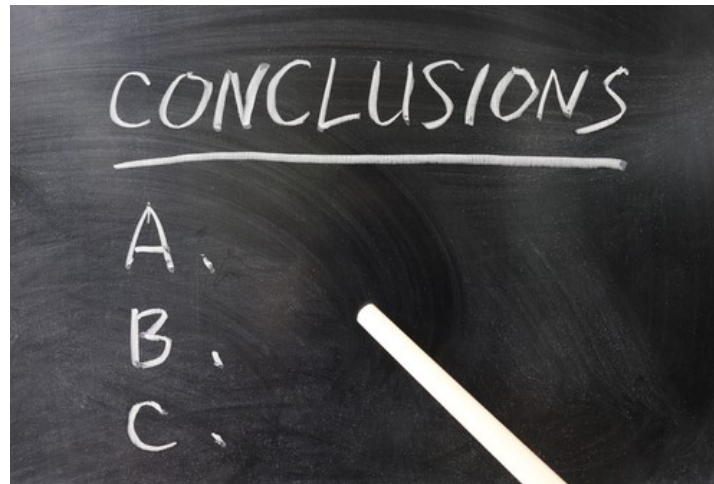
- Pupil size reflects semantic brightness
 - Read or hear “sun” → small pupil
 - Read or hear “night” → large pupil
- Word comprehension activates sensory representations (at least sometimes):
 - And these affect pupil size
 - Embodiment?

Discussion

- Pupil size reflects semantic brightness
 - Read or hear “sun” → small pupil
 - Read or hear “night” → large pupil
- Word comprehension activates sensory representations (at least sometimes):
 - And these affect pupil size
 - Embodiment?
 - Or preparation?



Conclusion





Conclusion

- Pupillary responses are not passive reflexes



Conclusion

- Pupillary responses are not passive reflexes
... but are types of eye movements that reflect high-level visual processing



Conclusion

- Pupillary responses are not passive reflexes
... but are types of eye movements that reflect high-level visual processing
- “External attention”

Conclusion

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... but are types of eye movements that reflect high-level visual processing
- “External attention”
 - Directing your attention to something out there

Conclusion

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... but are types of eye movements that reflect high-level visual processing
- “External attention”
 - Directing your attention to something out there
- “Internal attention”

Conclusion

- Pupillary responses are not passive reflexes
... but are types of eye movements that reflect high-level visual processing
- “External attention”
 - Directing your attention to something out there
- “Internal attention”
 - Sensory representations without visual input

Conclusion

- Pupillary responses are not passive reflexes
 - ... but are types of eye movements that reflect high-level visual processing
- “External attention”
 - Directing your attention to something out there
- “Internal attention”
 - Sensory representations without visual input
 - But where does working memory stand in this?



Thank you!

Sebastiaan Mathôt



cogsci.nl/smathot



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[sebastiaanmathot](https://www.youtube.com/sebastiaanmathot)